



**PANJAB UNIVERSITY, CHANDIGARH-160014 (INDIA)**  
(Estd. under the Panjab University Act VII of 1947—enacted by the Govt. of India)

**FACULTY OF ARTS**

**SYLLABI**

**M.A. PSYCHOLOGY (Annual System)**  
**PARTS I & II EXAMINATIONS, 2011**

- : 0 :-

**APPLICABILITY OF REGULATIONS FOR THE TIME  
BEING IN FORCE**

Notwithstanding the integrated nature of a course spread over more than one academic year, the regulations in force at the time a student joins a course shall hold good only for the examinations held during or at the end of the academic year. Nothing in these regulations shall be deemed to debar the University from amending the regulations subsequently and the amended regulations, if any, shall apply to all students whether old or new.

**Note :**

A candidate for M.A. examination shall offer Psychology or Sociology or Statistics or Public Administration only if he/she has completed the prescribed courses in an affiliated college or the Department concerned of this University.

**GUIDELINES FOR CONTINUOUS INTERNAL ASSESSMENT (20%) FOR REGULAR STUDENTS OF POST-GRADUATE COURSE IN M.A. PSYCHOLOGY (Annual System) (effective from the admissions for the Academic Session 2007-2008)**

1. The Syndicate has approved the following guidelines, mode of testing and evaluation including Continuous Internal Assessment of students :

- (i) Terminal Evaluation : 80 %
- (ii) Continuous Assessment : 20 %
- (iii) Continuous Assessment may include written assignment, snap tests, participation in discussions in the class, term papers, attendance etc.
- (iv) In order to incorporate an element of Continuous Internal Assessment of students, the Colleges/Departments will conduct three tests as quantified below :

**M.A. I**

(a) Three Tests :				
	I	25	} 2 best tests	= 50
	II	25		
	III	25		
(b) Snap Tests			:	15
(c) Participation in class discussions			:	10
(d) Term Paper/s			:	15
(e) Attendance			:	10

**Total : 100 reduced to 20 marks**

2. Weightage of 2 marks for attendance component out of 20 marks for Continuous Assessment shall be available only to those students who attend 75% and more of classroom lectures/seminars/workshops. The break-up of marks for **attendance component** for theory papers shall be as under :

<i>A n n C o p o n n</i>			<i>f o o p</i>
(a) 75 % and above upto 85 %	:		1
(b) Above 85 %	:		2

3. It shall **not be compulsory** to pass in Continuous Internal Assessment. Thus, whatever marks are secured by a student out of 20% marks, will be carried forward and added to his/her score out of 80 %, i.e. the remaining marks allocated to the particular subject and, thus, he/she shall have to secure pass marks both in the University examinations as well as total of Internal Continuous Assessment and University examinations.

4. Continuous Internal Assessment awards from the affiliated Colleges/Departments must be sent to the Controller of Examinations, by name, **two weeks before** the commencement of the particular examination on the *p o f o* obtainable from the Examination Branch.

## **M.A. II**

Continuous Internal Assessment	:	20 marks
1. Two Written Tests	:	20 Marks each (reduced to 5 marks)
2. Project Work	:	10 Marks (5 marks Data Collection, 5 marks Write up)

### **SPECIAL NOTE :**

- (i) The theory question paper will be of 80 marks and 20 marks will be for internal assessment.
- (ii) For private candidates, who have not been assessed earlier for internal assessment, the marks secured by them in theory paper will be increased proportionately to maximum marks of the paper in lieu of internal assessment.
- (iii) In the case of Postgraduate Courses in the Faculties of Arts, Science, Languages, Education, Design & Fine Arts, and Business Management and Commerce (falling under the purview of Academic Council), where such a provision of Internal Assessment/Continuous Assessment already exists, the same will continue as before.
- (iv) The marks obtained by a candidate in Continuous Internal Assessment in Postgraduate Classes from the admissions of 2006 will be shown separatel

PANJAB UNIVERSITY, CHANDIGARH

OUTLINES OF TESTS, SYLLABI AND COURSES OF READINGS IN THE SUBJECT OF PSYCHOLOGY FOR M.A. PART-I (ANNUAL SYSTEM) APRIL/MAY EXAMINATION, 2011.

M.A. PART I (ANNUAL SYSTEM)

Sr. No.	Name of the Paper	Marks
1.	Theories and Systems :	100
2.	Social Psychology :	100
3.	Experimental and Cognitive Psychology :	100
4.	Research Methodology-I :	50
5.	Practicals :	50

PAPER I : THEORIES AND SYSTEMS

I Objectives :

The course aims at helping the students to :

- (i) Appreciate basic assumptions, principles and historical roots of modern scientific psychology.
- (ii) Understand main theoretical perspectives in Psychology.
- (iii) Have an appraisal of the contemporary theoretical developments in modern psychology.

II Pedagogy of the Course Work :

70 % lectures; 30 % seminars, assignments and discussion.

INSTRUCTIONS FOR THE PAPER-SETTER AND THE CANDIDATES :

- (i) The theory question paper will be of 80 marks and 20 marks will be for internal assessment.
- (ii) For private candidates, who have not been assessed earlier for internal assessment, the marks secured by them in theory paper will be increased proportionately to maximum marks of the paper in lieu of internal assessment.

**The paper setter must put note (ii) in the question paper.**

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There shall be 9 questions in all. Eight essay type

and one objective type question will be set and method of evaluation is external. The first question is **compulsory** and shall be short answer type containing 15 short questions spread over the whole syllabus to be answered in about 25 to 30 words each. The candidates are required to attempt any 10 short answer type questions carrying 20 marks i.e. 2 marks of each. Rest of the paper shall contain 4 units. Each unit shall have **two** questions and the candidates shall be given internal choice of attempting one question from each Unit – 4 in all. Each question will carry 15 marks.

**Unit-I**

Nature, Origin and Present Status of Psychology as a Science.

*o p n o o* Psychoanalytic, Behaviouristic, Humanistic- Existential, Cognitive (information processing), Eastern.

**Unit-II**

*o of on* Freud, Adler, Jung, Erickson, Fromm, Maslow, Rogers, Cattell, Eysenck, and Kelley.

**Unit-III**

*o of n n* Guilford, Cattell, Jensen, Sternberg; Emotional Intelligence.  
*o of C* Psychoanalytic, Psychometric, Associationistic, Humanistic—Existential.

**Unit-IV**

*o of n n* Guthrie, Hull, Tolman, Bandura.  
*o of o on* Psychoanalytic theories, Need-theories (Maslow and McClelland), and Cognitive Theories.

**Recommended Books :**

1. Anastasi, A. (1988), Psychological Testing, New York : Mac Millan.
2. Carole, W. and Carole, T. (2006), Psychology, New Delhi : Pearson Education.
3. Chaplin, J.P., and Krawiec, T.S. (1979), Systems and Theories of Psychology, New York : Rinehart Winston.
4. Corsini, R. (1994), Encyclopaedia of Psychology, New York : Wiley Interscience.
5. Hall, C.S. and Lindzey, G. (1976), Theories of Personality, New York : John Wiley and Sons.
6. London, H. and Exner, J.E. Jr. (1978), Dimensions of Personality, New York : A Wiley Inter Science Publication.
7. Marks, M.H. and Cronan-Hillix, W.A. (1988), Systems and Theories in Psychology, New York : McGraw Hill, International Editions, Psychology Series.
8. Pervin, L.S. (1979), Personality : Theory, Assessment and Research, New York : John Wiley and Sons.
9. Wolman, B.B. (1979), Contemporary Theories and Systems in Psychology, Delhi : Freeman Book Co.
10. Woodworth, R.S. and Sheehan, M. (1963), Contemporary Schools of Psychology, New York : Methuen.

**PAPER II : SOCIAL PSYCHOLOGY****I Objectives :**

The course aims at enabling the student to :

- (i) Understand the interface between society and psychology.
- (ii) Appreciate how individual behaviour is influenced by socio-cultural factors.
- (iii) Realize how social psychology can be applied to issues both at a personal level and a broader social level.
- (iv) Understand how social behaviour can be analysed in terms of social psychological theories.

**II Pedagogy of the Course Work :**

70 % lectures; 30 % seminars, assignments and discussion.

**INSTRUCTIONS FOR THE PAPER-SETTER AND THE CANDIDATES :**

- (i) The theory question paper will be of 80 marks and 20 marks will be for internal assessment.
- (ii) For private candidates, who have not been assessed earlier for internal assessment, the marks secured by them in theory paper will be increased proportionately to maximum marks of the paper in lieu of internal assessment.

**The paper setter must put note (ii) in the question paper.**

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There shall be 9 questions in all. Eight essay type questions and one objective type question will be set and method of evaluation is external. The first question is **compulsory** and shall be short answer type containing 15 short questions spread over the whole syllabus to be answered in about 25 to 30 words each. The candidates are required to attempt any 10 short answer type questions carrying 20 marks i.e. 2 marks of each. Rest of the paper shall contain **4** units. Each unit shall have **two** questions and the candidates shall be given internal choice of attempting one question from each Unit – 4 in all. Each question will carry 15 marks.

**Unit-I**

Social Psychology as a Science : Nature, History and Theories (Social learning theory : Field theory, Role theory; Exchange theory).

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- (i) Socialization Process : Social learning and Socialization agents.
- (ii) Socialization and Social Roles : Sex Roles and Gender Identity.
- (iii) Personality and Self : Theories of Social Self (Cooley, Mead), Developmental Views of Self

**Unit-IV***o p D n*

- (i) Group structure and functions : Group cohesion.
- (ii) Social influence on behaviour : Conformity, obedience, and compliance.
- (iii) Social Power.

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- (i) Leadership Theories : Situational approach, Trait approach, Functional approach, Fiedler's Contingency model of Leadership Effectiveness.
- (ii) Leadership Styles : Autocratic, Democratic, Task Oriented, People Oriented, Initiation of Structure and Consideration.

**Recommended Books :**

1. Baron, R. A., and Byrne, D. (2003), Social Psychology, New Delhi : Prentice Hall.
2. Crano, W.D., Messe, L.A. (1982), Social Psychological Principles and Themes of Interpersonal Behaviour : Dorsey Press.
3. Forsyth, D. (1983), An Introduction to Group Dynamics, Monterey, Calif : Brooks Cole.
4. Kakkar, S. (1997), Culture and Psychology, Delhi : Oxford University Press.
5. Lawrence, N. (2007), Social Research Methods, New Delhi : Pearson Education.
6. Leary, M.R. Ed. (1995), State of Social Psychology, Issues, Themes, Controversies, London : Sage Publication.
7. Lindgren, H.C. (1973), An Introduction to Group Dynamics, Monterey, Calif : Brooks Cole.
8. Lindsmith, A.R., Strauss, A.Z., and Densin, N.K. (1988), Social Psychology, New Jersey : Prentice Hall.
9. Lindzey, G. and Aronsen, E. (1985), Handbook of Social Psychology, (Volumes 1 to 5), New York : Random House.
10. McDavid, J.W. and Harari, H. (1968), Social Psychology, New Jersey : Prentice Hall.
11. Ridgeway, C.L. (1983), Dynamics of Small Groups, New York : St. Martin Press.
12. Saks, M.J. and Krupat, E. (1988), Social Psychology and its Applications, New York : Harper and Row.
13. Shaver, K.G. (1975), Introduction to Attribution Process, Cambridge : Winthrop Publishers.
14. Shaw, M.E. and Costenzo, P.R. (1982), Theories of Social Psychology, Auckland : McGraw Hill.
15. Triandis, H.C. (1994), Culture and Social Behaviour, New York : McGraw Hill.

**PAPER III : EXPERIMENTAL AND COGNITIVE PSYCHOLOGY****I Objectives :**



**INSTRUCTIONS FOR THE PAPER-SETTER AND THE CANDIDATES :**

- (i) The theory question paper will be of 80 marks and 20 marks will be for internal assessment.
- (ii) For private candidates, who have not been assessed earlier for internal assessment, the marks secured by them in theory paper will be increased proportionately to maximum marks of the paper in lieu of internal assessment.

**The paper setter must put note (ii) in the question paper.**

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**Recommended Books :**

1. Bridget, R.R. and Greg, L.R. (2008), Cognitive Psychology, New Delhi : Pearson Education.
2. D' Amato, M.R. (1970), Experimental Psychology : Methodology, Psychophysics and Learning, Delhi : Tata Mcgraw Hill.
3. Dodd, D.H. and White, R.M. (Jr.) (1980), Cognition : Mental Structures and Processes, Boston : Allyn and Bacon Inc.
4. Galotti, K.M. (1999), Cognitive Psychology In and Outside Laboratory, Mumbai : Thomson Asia.
5. Gazzaniga Ivry Mangun (2002), Cognitive Neuro Science (The Biology of the Mind), USA : W.W. Norton and Company, Inc.
6. Hilgard, E.H. and Bower, G.H. (1975), Theories of Learning, Englewood Cliffs : Prentice Hall.
7. Hulse, S.H., Egeth, H. & Deese, J. (1980), The Psychology of Learning, Tokyo : McGraw Hill.
8. Kling, J.W. and Riggs, L.A. (1971), Experimental Psychology, New York : Holt, Rinehart and Winston.
9. Matlin, M.W. (1994), Cognition, Bangalore : Prism Books Private Ltd.
10. Mazur, J.E. (1986), Learning and Behaviour, Englewood Cliffs : Prentice Hall.
11. Pinel, J.P. (2007), Biopsychology, New Delhi : Pearson Education.
12. Reynolds, A.G. and Flagg, P.W. (1978), Cognitive Psychology, Cambridge, Massachusets : Winthrop Publications Inc.
13. Rosenzweig, M.R. Breed Love, S.M. Seiman, A.L. (2002), Biological Psychology, USA : Sinaver Associates, Inc.
14. Terry, W.S. (2003), Learning and Memory, Boston : A and B.
15. Weil, R. Carlson (2005), Foundations of Physiological Psychology, New Delhi : Pearson Education.

**PAPER IV : RESEARCH METHODOLOGY-I****I Objectives :**

- (i) This course introduces students to basic nature of Psychology—Psychology as a science and related concepts.
- (ii) This course deals with various research techniques and assessment tools as used in the field and laboratory settings.
- (iii) This course also aims at familiarizing students with correlational techniques and some multivariate techniques.
- (iv) To give students a thorough understanding of non-parametric techniques.

**II Pedagogy of the Course Work :**

70 % lectures; 30 % seminars, assignments and discussion.

**INSTRUCTIONS FOR THE PAPER-SETTER AND THE CANDIDATES :**

- (i) The theory paper will be of 40 marks and 10 marks will be for internal assessment.
- (ii) For private candidates, who have not been assessed earlier for internal assessment, the marks secured by them in theory paper will be increased proportionately to maximum marks of the paper in lieu of internal assessment.

**The paper setter must put note (ii) in the question paper.**

- (iii) There shall be 9 questions in all. Five questions have to be attempted. The first question shall be short answer type question containing 12 short questions spread over the whole syllabus and each to be answered in about 25 to 30 words. 8 short answer type questions have to be attempted. It shall carry 8 marks and shall be **compulsory** question. The remaining four questions will be divided into equal marks of 8 marks each.



**PAPER V : PRACTICALS**

(A) **Eight practicals, one in each of the following areas, have to be carried out :**

1. Classical/Instrumental conditioning.
2. Thinking/Concept formation/Problem solving.
3. Perceptual processes.
4. Psychophysics : Classical and Signal Detection Theory.
5. Sensory Memory and Short Term Memory.
6. Imagery.
7. Verbal Learning.
8. Sociometry.

(B) **Students should be familiar with the working of the following apparatuses :**

1. Depth perception apparatus (Howard-Dolman).
2. Brightness Discrimination Apparatus.
3. Apparent Movement Apparatus.
4. Kinaesthetic Figural after Effect Apparatus.
5. Time Sense Apparatus.
6. Sound-Cage.
7. Audio Generator.
8. Memory Drum.
9. Tachistoscope.
10. Kymograph, Chronoscope, Marker, Tambour, Sphygmomanometer, Induction Coil, Stop watch.
11. Skinner Box.
12. Shuttle Box.
13. Hand-withdrawal Conditioning Apparatus.
14. Reaction Time Apparatus.
15. Haufmann-Kasanin Test.
16. Voice Key.
17. Pulse Biofeed-back Apparatus.
18. G.S.R. Biofeed-back Apparatus.
19. Electromyographic Recorder.
20. Rod and Frame Test.

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**Part I :**

(50 %) One of the eight experiments, set by the examiner, would be performed by the candidates.

The evaluation would be done for the following :

- (i) Design and Performance; (ii) Write up; (iii) Viva.

**Part II :**

(30 %) The work done during the session, i.e. eight experiments will be evaluated. The evaluation will be done on the basis of experiments performed and duly checked by the teachers concerned. Any practical not duly performed, checked and signed by the teachers concerned will not be evaluated.

**Part III :**

(20 %) Evaluation will be done on the basis of the student's knowledge and the ability to use the apparatuses listed under (B) above.

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**OUTLINES OF TESTS, SYLLABI AND COURSES OF READINGS IN THE SUBJECT OF  
PSYCHOLOGY FOR M.A. PART-II (ANNUAL SYSTEM) APRIL/MAY EXAMINATION, 2011**

**M.A. PART II (ANNUAL SYSTEM)**

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1. Any three options from Sr. No. I to XIV Courses.
2. Courses at Sr. Nos. XV and XVI are compulsory.

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I	Organizational Psychology	100
II	Industrial Psychology	100
III	Clinical Psychology : Psychodiagnostics	100
IV	Clinical Psychology : Patterns and Therapies	100
V	Counselling Psychology : Theory and Practice	100
VI	Applied Counselling Psychology	100
VII	Health Psychology	100
VIII	Para Psychology	100
IX	Sports Psychology	100
X	Criminal Psychology	100
XI	Human Motivation	100
XII	Applied Social Psychology	100
XIII	Life Span Development Psychology	100
XIV	Child Psychopathology	100
XV	Research Methodology –II (Compulsory)	50
XVI	Practicum : Psychological Testing and Assessment (Compulsory)	50

Continuous Internal Assessment : 20 marks

1. Two Written Tests : 20 Marks each  
(reduced to 5 marks)
2. Project Work : 10 Marks  
(5 marks Data Collection, 5 marks Write up)

**PAPER I : ORGANIZATIONAL PSYCHOLOGY**

**I Objectives :**

This course aims at helping the students to :

- (i) Understand the basic concepts and principles of Organizational Psychology.
- (ii) Appreciate the major factors which influence Organizational Behaviour, Organizational

**INSTRUCTIONS FOR THE PAPER-SETTER AND THE CANDIDATES :**

- (i) The theory question paper will be of 80 marks and 20 marks will be for internal assessment.
- (ii) For private candidates, who have not been assessed earlier for internal assessment, the marks secured by them in theory paper will be increased proportionately to maximum marks of the paper in lieu of internal assessment.

**The paper setter must put note (ii) in the question paper.**

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There shall be 9 questions in all. Eight essay type questions and one objective type question will be set and method of evaluation is external. The first question is **compulsory** and shall be short answer type

5. Hersey, R.E. and Blanchard, T. (1977), The Management of Organizational Behaviour, New Delhi : Prentice Hall.
6. Luthans, F. (1986), Organizational Behaviour, New York : McGraw Hill.
7. Robbins, S.P. (1992), Organizational Behaviour, New Delhi : Prentice Hall.

## PAPER II : INDUSTRIAL PSYCHOLOGY

### I Objectives :

- (i) To understand the basic concepts and principles of Industrial Psychology.
- (ii) To appreciate the major factors which influence the human performance and productivity in industry.
- (iii) To study the principles of psychology of effective selling and marketing.
- (iv) To have over view of the empirical researches in different areas of Industrial Psychology .

### II Pedagogy of the Course Work :

70 % lectures; 30 % seminars, assignments and discussion.

## INSTRUCTIONS FOR THE PAPER-SETTER AND THE CANDIDATES :

- (i) The theory question paper will be of 80 marks and 20 marks will be for internal assessment.
- (ii) For private candidates, who have not been assessed earlier for internal assessment, the marks secured by them in theory paper will be increased proportionately to maximum marks of the paper in lieu of internal assessment.

**The paper setter must put note (ii) in the question paper.**

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There shall be 9 questions in all. Eight essay type questions and one objective type question will be set and method of evaluation is external. The first question is **compulsory** and shall be short answer type containing 15 short questions spread over the whole syllabus to be answered in about 25 to 30 words each. The candidates are required to attempt any 10 short answer type questions carrying 20 marks i.e. 2 marks of each. Rest of the paper shall contain 4 units. Each unit shall have **two** questions and the candidates shall be given internal choice of attempting one question from each Unit – 4 in all. Each question will carry 15 marks.

### Unit-I

Personnel Selection and Placement.

Performance Appraisal.

*n n o f o n n* Principles and methods of training, evaluation of training programmes.

### Unit-II

*o o o n* Theories of work motivation, reinforcement theories, expectancy, Valence theories.

Procrastination in work behaviour.

### Unit-III

*o f o n* Theories, 01 -16.92 Td {W}138(t)0.8912tT0241(s)3.45915( )-27.1084(a)-1.782(s)3.45.1084(a)-1.782(s)3.45.1010

**Unit-IV**

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**Unit-I**

Roles of clinical psychologists, ethics and problems of clinical psychologists in India.

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**II Pedagogy of the Course Work :**

70 % lectures; 30 % seminars, assignments and discussion.

**INSTRUCTIONS FOR THE PAPER-SETTER AND THE CANDIDATES :**

- (i) The theory question paper will be of 80 marks and 20 marks will be for internal assessment.
- (ii) For private candidates, who have not been assessed earlier for internal assessment, the marks secured by them in theory paper will be increased proportionately to maximum marks of the paper in lieu of internal assessment.

**The paper setter must put note (ii) in the question paper.**

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There shall be 9 questions in all. Eight essay type questions and one objective type question will be set and method of evaluation is external. The first question is **compulsory** and shall be short answer type containing 15 short questions spread over the whole syllabus to be answered in about 25 to 30 words each. The candidates are required to attempt any 10 short answer type questions carrying 20 marks i.e. 2 marks of each. Rest of the paper shall contain **4** units. Each unit shall have **two** questions and the candidates shall be given internal choice of attempting one question from each Unit – 4 in all. Each question will carry 15 marks.

9. Turner, S.M. and Harson, M. (1984), Adult Psychopathology and Diagnosis, New York : John Wiley and Sons.





9. Rao, S.N. (2001), *Counselling Psychology*, New Delhi : Tata McGraw Hill.
10. Selye, H. (1974), *Stress without Distress*, Lippin Colt.
11. Shertzer, B. and Stone, S.C. (1971), *Fundamental of Counselling*, Second Edition, Boston : Houghton Mifflin.
12. Woolfe, R. and Dryden, W. (1996), *Handbook of Counselling*, London : Sage Publications.

## PAPER VII : HEALTH PSYCHOLOGY

### I Objectives :

- (i) To acquaint the students with nature and significance of emerging areas of health psychology.
- (ii) To highlight the role of social, psychological and behavioural risk factors in health promotion and disease prevention.
- (iii) To introduce the students to types of stressors, their consequences, cognitive behavioural interventions for managing stress.
- (iv) To impart knowledge about causes and intervention for some prevalent stress related disorders/addictions.

### II Pedagogy of the Course Work :

70 % lectures; 30 % seminars, assignments and discussion.

## INSTRUCTIONS FOR THE PAPER-SETTER AND THE CANDIDATES :

- (i) The theory question paper will be of 80 marks and 20 marks will be for internal assessment.
- (ii) For private candidates, who have not been assessed earlier for internal assessment, the marks secured by them in theory paper will be increased proportionately to maximum marks of the paper in lieu of internal assessment.

**The paper setter must put note (ii) in the question paper.**

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There shall be 9 questions in all. Eight essay type questions and one objective type question will be set and method of evaluation is external. The first question is **compulsory** and shall be short answer type containing 15 short questions spread over the whole syllabus to be answered in about 25 to 30 words each. The candidates are required to attempt any 10 short answer type questions carrying 20 marks i.e. 2 marks of each. Rest of the paper shall contain 4 units. Each unit shall have **two** questions and the candidates shall be given internal choice of attempting one question from each Unit – 4 in all. Each question will carry 15 marks.

### Unit-I

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**INSTRUCTIONS FOR THE PAPER-SETTER AND THE CANDIDATES :**

- (i) The theory question paper will be of 80 marks and 20 marks will be for internal assessment.
- (ii) For private candidates, who have not been assessed earlier for internal assessment, the marks secured by them in theory paper will be increased proportionately to maximum marks of the paper in lieu of internal assessment.

**The paper setter must put note (ii) in the question paper.**

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There shall be 9 questions in all. Eight essay type questions and one objective type question will be set and method of evaluation is external. The first question is **compulsory** and shall be short answer type containing 15 short questions spread over the whole syllabus to be answered in about 25 to 30 words each. The candidates are required to attempt any 10 short answer type questions carrying 20 marks i.e. 2 marks of each. Rest of the paper shall contain 4 units. Each unit shall have **two** questions and the candidates shall be given internal choice of attempting one question from each Unit – 4 in all. Each question will carry 15 marks.

**Unit-I**

- o o* Introduction of the field and concepts, History of Para-Psychology.

**Unit-II**

- o* Spontaneous Phenomena—Case Studies, Experimental Methods in ESP and PK research.

**Unit-III**

Subject variables affecting Psi test performance :

- (a) Age, Health, Gender and Psi Test Performance.
- (b) Altered States of Consciousness and Psi Test Performance.
- (c) Attitudes, Moods, Personality and Psi Test Performance.

**Unit-IV**

Implications and Applications of Psi.

- f f D* Survival hypothesis; Out of Body Experiences and Near Death Experiences.

**Recommended Books :**

1. Beloff, J. (Ed.), Nmmc the cfoT1205(t)0.89126(o)-6.0241n ofo Cll(a)-1.78319(-)7.69778(P)-10.2657(s)-8.58904(y)18.0723(



**PAPER IX : SPORTS PSYCHOLOGY**

**I Objectives :**

- (i) To trace the development of sports psychology as an independent discipline with its multidimensional perspective.
- (ii) To identify the relationship of personality, motivation and situational factors with performance on individual and team events.
- (iii) To discuss the role of training and other psychological interventions towards performance enhancement in sports.

**II Pedagogy of the Course Work :**

70 % lectures; 30% seminars, assignments and discussion.

**INSTRUCTIONS FOR THE PAPER-SETTER AND THE CANDIDATES :**

- (i) The theory question paper will be of 80 marks and 20 marks will be for internal assessment.
- (ii) For private candidates, who have not been assessed earlier for internal assessment, the marks secured by them in theory paper will be increased proportionately to maximum marks of the paper

**Recommended Books :**

1. Martens, R. (1987), Coaches' Guide to Sport Psychology, Illinois : Human Kinetics.
2. Mohan, J. (1996), Recent Advances in Sports Psychology, New Delhi : Friends Publishers.
3. Mohan, J. and Sehgal, M. (2004), Sport Psychology : Current Perspectives, New Delhi : Friends Publishers.
4. Mohan, J., Akhtar, S. and Chadha, N.K. (1992), Psychology of Sports, New Delhi : Friends Publishers.
5. Mohan, J., and Sehgal, M. (2005), Readings in Sports Psychology, New Delhi : Friends Publishers.
6. Moran, A.P. (1998), The Psychology of Concentration, East Sussex : Psychology Press.
7. Murphy, S.M. (1995), Sports Psychological Interventions, Champaign, Human Kinetics.
8. Thelma, S.H. (1992), Advances in Sports Psychology, Illinois : Human Kinetics.
9. Stewart, J.H., Biddle, A. and Nanette, M. (2008), Psychology of Physical Activity, London : Routledge.

**PAPER X : CRIMINAL PSYCHOLOGY****I Objectives :**

- (i) To provide the students an insight into the concept, causation and some types of criminal behaviour.
- (ii) To provide knowledge about the application of psychological measures in the correction of crime.

**II Pedagogy of the Course Work :**

70 % lectures; 30 % seminars, assignments and discussion.

**INSTRUCTIONS FOR THE PAPER-SETTER AND THE CANDIDATES :**

- (i) The theory question paper will be of 80 marks and 20 marks will be for internal assessment.
- (ii) For private candidates, who have not been assessed earlier for internal assessment, the marks secured by them in theory paper will be increased proportionately to maximum marks of the paper in lieu of internal assessment.

**The paper setter must put note (ii) in the question paper.**

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There shall be 9 questions in all. Eight essay type questions and one objective type question will be set and method of evaluation is external. The first question is **compulsory** and shall be short answer type containing 15 short questions spread over the whole syllabus to be answered in about 25-30 words each.

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**Unit-III**

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There shall be 9 questions in all. Eight essay type questions and one objective type question will be set and method of evaluation is external. The first question is **compulsory** and shall be short answer type containing 15 short questions spread over the whole syllabus to be answered in about 25 to 30 words each. The candidates are required to attempt any 10 short answer type questions carrying 20 marks i.e. 2 marks of each. Rest of the paper shall contain **4** units. Each unit shall have **two** questions and the candidates shall be given internal choice of attempting one question from each Unit – 4 in all. Each question will carry 15 marks.

### Unit-I

*o p*

- (i) Conscious and unconscious motives.
- (ii) Motives in the personality tradition.
- (iii) Motivation in the behaviouristic tradition.

### Unit-II

The nature and measurement of human motives.

*A n o* Concept, scoring, research, and applications.  
*Aff on o* Concept, scoring, research, and applications.

### Unit-III

*o o* Concept, Scoring, research, and applications.  
*A o n o* Concept, scoring, research, and applications.  
 The Cognitive approaches to motivation.

### Unit-IV

*o o on*

- (i) Reward System.
- (ii) Social Influences.
- (iii) Career Motivation.

Motivational Training.

### Recommended Books :

**PAPER XII : APPLIED SOCIAL PSYCHOLOGY**

**I Objectives :**

To develop an understanding of applications of principles of Social Psychology.

**II Peda**

**Unit-IV***o o o of A n*

- (a) Perspectives of Aging.
- (b) The Social World of the Old.
- (c) Dimensions of Aging Persons.
- (d) Myth and Reality about Aged Personality.
- (e) Community and Neighbourhood.
- (f) Role, Position and Change.
- (g) Personality, Emotional Problems.
- (h) Concomitants of Aging.

**Recommended Books :**

1. Baron, R.A. and Byrne, D. (1999), Social Psychology : Understanding Human Interaction, New Delhi : Prentice Hall of India.
2. Jain, U. (1967), The Psychological Consequences of Crowding, New Delhi : Sage Publications.
3. Kornbom, W. and Julian, J. (1989), Social Problems, New Jersey : Prentice Hall.
4. Lindsmith, A.R., Strauss, A.L. and Densi, N.K. (1968), Social Psychology, New Jersey : Prentice Hall.
5. Mc David, J.W. and Harari, H. (1968), Social Psychology : Individuals, Groups, Societies, New York : Harper and Row.
6. Misra, G. (1990), Applied Social Psychology in India, New Delhi : Sage Publications.
7. Morgan, L. and Kunkel, S. (1998), Aging : The Social Context, London : Pine Forge Press.
8. Pandey, J. (1968), Psychology in India : The State of Art Basic Applied Psychology, New Delhi : Sage Publications.
9. Saks, M.J. and Krupat, E. (1968), Social Psychology and its Applications, New York : Harper and Row.
10. Sinha, D.N.; Tripathi, R.C., and Mishra, G. (Eds.) (1979), Deprivation : Its Social Roots and Psychological Consequences.

**PAPER XIII : LIFE SPAN DEVELOPMENT PSYCHOLOGY****I Objectives :**

To develop an understanding of Psychology within a Life Span Perspective.

**II Pedagogy of the Course Work :**

70 % lectures; 30 % seminars, assignments and discussion.

**Yor Inct Cnc**











**SECTION-B**

Administration and write up of two tests from each of the six areas given above under section (A). The examination of the practicum will be held as follows :

**Part-I**

(40 %) The work done during the sessions under both the Sections A & B will be evaluated. The report regarding the completion of the work by each student will be considered by the examiner.

**Part-II**

(30 %) Viva-Voce test on the work done during the session.

**Part-III**

(30 %) One of the tests, assigned by the examiner, would be administered, scored and interpreted. The report will be written in the answer book.

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