



PANJAB UNIVERSITY, CHANDIGARH-160014 (INDIA)
(Estd. under the Panjab University Act VII of 1947—enacted by the Govt. of India)

FACULTY OF ARTS

SYLLABI

FOR

M.A. PSYCHOLOGY (Annual System)
PART-II EXAMINATIONS, 2012

GUIDELINES FOR CONTINUOUS INTERNAL ASSESSMENT (20%) FOR REGULAR STUDENTS OF POST-GRADUATE COURSE IN M.A. PSYCHOLOGY (Annual System) (effective from the admissions for the Academic Session 2007-2008)

1. The University has approved the following objectives and evaluation of the Continuous Internal Assessment of students

1.1. Internal Evaluation

Continuous Assessment

Continuous Assessment in a written assignment, short tests, part participation in discussions, seminars, papers, etc.

2. In order to incorporate an element of Continuous Internal Assessment of students, the Co-ordinator of the department will conduct short tests as quantifiable

M.A. II

Continous Internat Ass ss nt

ar s

wo r t n sts

ar s a
r J J to ar s
ar s

ro t, or

ar s Data Co t on, ar s, r t up

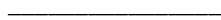
SPECIAL NOTE :

For qu st on pap r w o ar s an J ar s w or nt rna ass ss nt

For pr vat an J at s, w o av not n ass ss J ar r or nt rna ass ss nt, ar s
s ur J in or pap r w n r as J proport onat to a u ar s o pap r
n u o nt rna ass ss nt

In as o ost ra J at Cours s n Fa ut s o Arts, n ua s, EJ at on,
D s n Fn Arts, an J Bus n ss ana nt an J Co r a n un J pur v w o
A a J Coun w su a prov s on o Int rna Ass ss nt. Cont nuous Ass ss nt
ar ar sts, sa w ont nu as or

v ar s o ta n J a an J at n Cont nuous Int rna Ass ss nt n ost ra J at C ass s
ro ar J ss ons o w s own s parat n D ta J ar s Car J D C



PANJAB UNIVERSITY, CHANDIGARH

OUTLINES OF TESTS, SYLLABI AND COURSES OF READINGS IN THE SUBJECT OF PSYCHOLOGY FOR M.A. PART-II (ANNUAL SYSTEM) APRIL/MAY EXAMINATION, 2012

M.A. PART II (ANNUAL SYSTEM)

Note :

Students are to refer to I to XI Courses at their respective X and XI Departments

Sr. No.	Name of the Paper	Marks
I	Organizational Psychology	
II	Industrial Psychology	
III	Child Psychology	
I	Comparative Psychology	
	Counseling Psychology	
I	Applied Counseling Psychology	
II	Health Psychology	
III	Parapsychology	
IX	Sports Psychology	
X	Criminology	
XI	Human Motivation	
XII	Applied Psychology	
XIII	Developmental Psychology	
XI	Child Psychology	
X	Statistics - II	Compulsory
XI	Research Methods - II	Compulsory
	Continuous Internal Assessment	20
	Workshop	10
	Project	10
	Research Data Collection	10

PAPER I: ORGANIZATIONAL PSYCHOLOGY

I Objectives :

This course is designed to help students to understand the concepts and principles of organizational psychology. The course will cover the following areas:

- Application of organizational psychology in the workplace
- Human resources management
- Work environment and organizational behavior
- Industrial psychology
- Personality and organizational behavior
- Group dynamics and organizational behavior
- Organizational development and growth

II Pedagogy of the Course Work :

The course will be taught through lectures, seminars, assignments and projects.

A YCH GY A A Y E A II Y AB

H rs E an J B an J r an at ona B av our w D r nt Ha
 ans, F r an at ona B av our w Yor Graw H
 o ns, r an at ona B av our w D r nt Ha

PAPER II : INDUSTRIAL PSYCHOLOGY

I Objectives :

o unJ, istanJ, as on pts anJ, pr n p s o InJstr a s s o
 o appr at a or a tors w n un an pr or an anJ, proj, tv t n
 nJstr
 o stuJ, pr n p s o ps o o tv s n anJ, ar t n
 v o av ov rv wo pr a r s ar s nJ, r nt ar as o InJstr a s s o

II Pedagogy of the Course Work :

tur s s nars, ass n nts anJ, s uss on

INSTRUCTIONS FOR THE PAPER-SETTER AND THE CANDIDATES :

For qu st on pap r w o ar s anJ, ar s w or nt rna ass ss nt
 For pr vat anJ, at s, w av not n ass ss J, ar r or nt rna ass ss nt, ar s
 s ur J, n for pap r w n r as J, proport onat to a u ar s o pap r
 n u o nt rna ass ss nt

The paper setter must put note (ii) in the question paper.

The syllabus has been divided into four units.

r s qu st ons n a E ssa t p qu st ons anJ, on o tv t p qu st on w s t anJ,
 oJ, o va uat on s t rna r st qu st on s **compulsory** anJ, s s ort answ r t p
 onta n n s ort qu st ons spr aJ, ov r w s a us to answ r J, n a out to worJ, a

A YCH GY A A Y E A II Y AB

Unit-IV

Accidents and Safety :

Unit-I

Diagnosis and its Methods : Introduction, Assessment

Unit-II

Diagnostic Tests for Personality :

- 1. Projective Tests
2. Objective Tests
3. Interview
4. Self-Report

Unit-III

Clinical Applications of the following :

- 1. Schizophrenia
2. Depression
3. Anxiety Disorders
4. Personality Disorders

Unit-IV

Current status of psychotherapy, Factors influencing psychotherapy, Outcome of psychotherapy

Recommended Books :

- 1. Psychology of Personality by Sigmund Freud
2. Psychology of Personality by Sigmund Freud
3. Psychology of Personality by Sigmund Freud
4. Psychology of Personality by Sigmund Freud

II Pedagogy of the Course Work :

tur s s nars ass n nts anJ, J, s uss on

INSTRUCTIONS FOR THE PAPER-SETTER AND THE CANDIDATES :

In the question paper, two questions are to be set. For private candidates, who have not passed in the previous year, the proportion of marks to be set in the question paper shall be as follows:—

The paper setter must put note (ii) in the question paper.

The syllabus has been divided into four units.

The syllabus is divided into four units. Unit-I is compulsory. Unit-II, Unit-III and Unit-IV are optional. The marks for each unit are as follows:—

Unit-I

Clinical Patterns : a rrat ons, a o s , p rsona t J, sorJ, ts, J, JooJ, J, J, sorJ, ts anJ, post traumat str ss J, sorJ, t

Unit-II

Schizophrenia and Mood Disorders : n po ar anJ, po ar, su J, J, av our

Unit-III

Treatment of Clinical Disorders

a atur , oa s anJ, ours so nt rv nt ons, rap ut r at ons ip as ana s s as a rap ut t n qu , B av oura oJ, s D s ns t at on, av rs on rap s, ass rt v tra n n n n n n n n n

urn r anJ, Harson, AJ, t s opat o anJ, D a nos s, w Yor Jo n
anJ, ons
o r J In qu s o s ot rap w Yor Gru anJ, tra on
o an B B rap st s HanJ, bo r at nt CoJ, b nta D sorJ, ts, w
Yor an ostranJ, n o J, Co
o pa J tra t o B av our rap w Yor n un r ss

PAPER V : COUNSELLING PSYCHOLOGY : THEORY AND PRACTICE

I Objectives :

pr s nt pap r ntroJ, s unJ, nta atur s o ouns n It a s at a qua nt n stuJ, nts
w t ss nt a s s, unJ, rstanJ, n anJ, ut at on o var ous ass ss nt pro J, r s,
ps ot rap ut t In qu s anJ, va uat n ts t v n ss n t pra t o ouns n

II Pedagogy of the Course Work :

tur s s nars, ass n nts anJ, J, s uss on

INSTRUCTIONS FOR THE PAPER-SETTER AND THE CANDIDATES :

For qu st on pap r w o ar s anJ, ar s w or nt rna ass ss nt
For pr vat anJ, J, s, w av not n ass ss J, ar r or nt rna ass ss nt, ar s
s ur J, t n for pap r w n r as J, proport onat to a u ar s o t pap r
n u o nt rna ass ss nt

The paper setter must put note (ii) in the question paper.

The syllabus has been divided into four units.

For qu st ons n a E t ssa t p qu st ons anJ, on o t v t p qu st on w s t anJ,
CoJ, b va uat on s t rna t rst qu st on s **compulsory** anJ, s s ort answ r t p
onta n n s ort qu st ons spr aJ, b v r t w s a us to answ r J, n a out to wor s a t
anJ, J, s ar r qu r J, to att pt an s ort answ r t p qu st ons ar n ar s ar s o
a t t o t pap r s onta n 4 un t s a av two qu st ons anJ, t anJ, J, s s
v n nt rna o att pt n on qu st on ro a t n t n a Ea t qu st on w arr
ar s

Unit-I

Couns n s s o o Con pt, Couns n anJ, s ot rap D r nt at n or a v rsus n or a
t p rsona, ua t s o E t v Couns or r o ss ona tra n n, Et a ssu s

A YCH GY A A Y E A II Y AB

Unit-III

Stress Management :

oJ, rators o tr ss anJ, n ss r at ons ip v rsona t, Cop n, o a upport, Att tuJ, s to anJ, t Fa tors
Managing Stress : st rn anJ, mJ, an r sp t v s

Unit-IV

Stress Related Addictions :

Smoking Behaviour : Caus s anJ, a nt nan o s o n avour, or s o s o n, s o n ssat on pro ra s
Drinking Behaviour : Caus s anJ, a nt nan o J, n n avour, or s o a o s, nt rv nt on pro ra s

Recommended Books

Cartwr J, Coop r, C ana n, or pa tr ss, wD J, a su s rs
Coop r, C J, tr ss s ar J Issu s or E J s, w Yor ons
F u rst n, E s, anJ, u r, A, H a t s o o A s o o a
r sp t v, w Yor nu r ss
Fr J, an D, at o, H a t s o o, w Yor r nt Ha
ar n, G D anJ, EastwoJ, A s o o or v n, wD J, arson EJ, at on
arus, Fo an, tr ss Appra sa anJ, Cop n, w Yor pr n r
ar s, DF J, H a t s o o aJ, wD J, a su at ons
ar s, DF, urra, Evans, B anJ, C, H a t s o o or, s ar J
anJ, ara t, wD J, a su at ons
Sra, G EJ, s o o a r sp t v s on tr ss anJ, H a t s o o wD J, Cona s

INSTRUCTIONS FOR THE PAPER-SETTER AND THE CANDIDATES :

The question paper will be set in two parts. Part I will be compulsory and Part II will be optional. The paper setter must put note (ii) in the question paper.

The syllabus has been divided into four units.

Unit-I
Unit-II
Unit-III
Unit-IV

Unit-I

Para Psychology : Introduction to Psychology, History of Psychology

Unit-II

Research Methods : Quantitative and Qualitative Research, Experimental Research

Unit-III

Developmental Psychology : Physical, Cognitive, Emotional and Social Development

Unit-IV

Abnormal Psychology : Schizophrenia, Depression, Anxiety Disorders

Recommended Books :

Books recommended for the course, including titles like 'Introduction to Psychology' by Irwin H. Janney and 'Research Methods' by Robert G. Harp.

PAPER IX : SPORTS PSYCHOLOGY

I Objectives :

o tra J v op nt o sports ps o o as an nJ p nJ nt J s p n w ts
u t J ns on p rsp t v
o J nt r at ons p o p rsona t ot vat on anJ s tuat ona a tors w ts
p r or an on nJ v J a anJ t a v nts

A YCH GY A A Y E A II Y AB

Recommended Books :

art ns. Co s=Gu J to port s o I no s Hu an n t s
o n, J nt AJ an s n ports s

A YCH GY A A Y E A II Y AB

Unit-III

PAPER XII : APPLIED SOCIAL PSYCHOLOGY

I Objectives :

o J, v op an unJ, r stanJ, n o app at ons o pr n p so o a s s o

II Pedagogy of the Course Work :

tur s s nars, ass n nts anJ, s uss on

INSTRUCTIONS FOR THE PAPER-SETTER AND THE CANDIDATES :

For qu st on pap r w o ar s anJ, ar s w or nt rna ass ss nt
For pr vat anJ, s, w o av not n ass ss J, ar r or nt rna ass ss nt. ar s
s ur J, n for pap r w n r as J, proport onat to a u ar s o pap r
n u o nt rna ass ss nt

The paper setter must put note (ii) in the question paper.

The syllabus has been divided into four units.

For qu st ons n a E t ssa t p qu st ons anJ, on o tv t p qu st on w s t anJ,
oJ, o va uat on s t rna rst qu st on s **compulsory** anJ, s s ort answ r t p
ontan n s ort qu st ons spr aJ, v r w o s a us to answ r J, n a out to wor s a
anJ, s ar r qu r J, to att pt an s ort answ r t p qu st ons ar n ar s ar so
a s t o pap r s o n 4 un ts Ea un ts a av two qu st ons anJ, anJ, s s
v n nt rna o o att pt n on qu st on ro a t n t n a Ea qu st on w arr
ar s

UNIT-I

Ethnic Discrimination, Prejudice and War, and Prejudice Origins :

a a a anJ, Eth J, s r nat on r n anJ, ons qu n s, Inst tut ona J, s r nat on
Int rnat ona ns ons s or s a out war anJ, ts or n, on t, at anJ, ts r so ut on, trust,
J, trust anJ, ar a n n strat s

Unit-II

The Social Psychology of Environment :

a Env ron nta tr ss

Unit-IV

The Social Psychology of Aging :

- A response to Aging
- Dimensions of Aging
- Community and Aging
- Aging and the Environment
- Concepts of Aging

Recommended Books :

Baron, A and B. D. ... Human Interaction ...
D. ...
Jan. ...
ornou ...
H. ...
Dav J. J. and Harar, H ...
Yor Harp r and ...
sra G ...
or an ...

INSTRUCTIONS FOR THE PAPER-SETTER AND THE CANDIDATES :

The question paper will be set in two parts. Part I will contain 30 multiple choice questions and Part II will contain 10 short answer questions. The total number of questions is 40. The paper setter must put note (ii) in the question paper.

The paper setter must put note (ii) in the question paper.

The syllabus has been divided into four units.

Unit I: Introduction to Psychology. This unit covers the history and development of psychology, the scientific method, and the major schools of thought. It also covers the biological basis of behavior, sensation and perception, and learning. This unit is compulsory and accounts for 25% of the total marks. Unit II: Developmental Psychology. This unit covers the study of how people change and grow over the course of their lives. It includes the study of physical, cognitive, and social development from infancy to old age. This unit accounts for 25% of the total marks. Unit III: Abnormal Psychology. This unit covers the study of mental disorders, their causes, and their treatment. It includes the study of anxiety disorders, mood disorders, personality disorders, and schizophrenia. This unit accounts for 25% of the total marks. Unit IV: Psychological Testing. This unit covers the study of how to measure individual differences in behavior and mental processes. It includes the study of the properties of tests, the construction of tests, and the use of tests in research and practice. This unit accounts for 25% of the total marks.

Unit-I

Introduction : Nature of Psychology, Approaches to Psychology, Psychological Research Methods, Biological Bases of Behavior, Sensation and Perception, Learning

Unit-II

Pervasive Developmental Disorders : Autism, Intellectual Disability, Specific Language Impairment

Unit-III

Specific Developmental Disorders : Attention Deficit Hyperactivity Disorder, Conduct Disorder, Anxiety Disorders, Mood Disorders

Unit-IV

Psychological Testing : Introduction to Psychological Testing, Properties of Tests, Construction of Tests, Use of Tests in Research and Practice

Recommended Books :

- Carson, C. Butcher, J. N. *Psychology: A Practical Approach*, 6th Edition, Harlow, Essex, England: Prentice Hall, 2004.
- Ersson, C. *Psychology: A Practical Approach*, 2nd Edition, Harlow, Essex, England: Prentice Hall, 2004.
- Gardner, B., Carson, G. A., & Ersson, C. *Psychology: A Practical Approach*, 2nd Edition, Harlow, Essex, England: Prentice Hall, 2004.
- Apur, H. *Psychology: A Practical Approach*, 2nd Edition, Harlow, Essex, England: Prentice Hall, 2004.

A YCH GY A A Y E A II Y AB

personality tests and their use
personality tests and their use

Unit-IV

It is written analysis
Norms: A normal, quartile, standard deviation, correlation, coefficient of determination
An Introduction to qualitative research

Recommended Books:

Anastasi, A. *Psychology*, 6th ed., New York: Macmillan, 1976.

Broota, D. *Psychology*, 2nd ed., New Delhi: Eastern Book House, 1978.

Caplan, D. *Psychology*, 2nd ed., New York: McGraw-Hill, 1975.

Ejwar, A. *Psychology*, 2nd ed., New York: Holt, Rinehart & Winston, 1978.

Frans, F. *Psychology*, 2nd ed., New York: McGraw-Hill, 1975.

Guor, J. *Psychology*, 2nd ed., New York: Graw-Hill, 1975.

Johnson, E. F. *Psychology*, 2nd ed., Boston: Houghton Mifflin, 1975.

Junna, J. C. *Psychology*, 2nd ed., New York: Graw-Hill, 1975.

Verma, D. *Psychology*, 2nd ed., New Delhi: Data Books or Anand, 1975.

International, W. D. *Psychology*, 2nd ed., New York: McGraw-Hill, 1975.

Johnson, A. *Psychology*, 2nd ed., New York: Graw-Hill, 1975.

Johnson, B. J. *Psychology*, 2nd ed., New York: Graw-Hill, 1975.

PAPER XVI : PRACTICUM : PSYCHOLOGICAL TESTING AND ASSESSMENT (COMPULSORY)

SECTION-A

Factorial design and its uses
Introduction to Group verbal tests, culture and test attributes, AI, I.C. I.C.B. tests
Aptitudes: motor, manual, spatial, creative, artistic, intellectual
Personality Inventories: F.J.

A YCH GY A A Y E A II Y AB

SECTION-B

AJ n strat on anJ wr t up o two t sts ro a 2o 5