

**PANJAB UNIVERSITY, CHANDIGARH**  
(Etted. under the Panjab University Act VII of 1947-enacted by the Govt. of India)

**FACULTY OF ARTS**

**SYLLABI**

**FOR**

**POSTGRADUATE DIPLOMA**

**IN**

**HEALTH, FAMILY WELFARE AND POPULATION EDUCATION  
EXAMINATIONS, 2014**

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Outlines of tests, syllabi and courses of reading for Pos



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xii) Demographic Transition Model. Demographic Transition in Developed and Developing Countries.

xiii) Population Growth-Concept, Determinants and Consequences. World Patterns with Special Reference to India.

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1. Mehta T.S. & Chandra Ramesh (1972) : Population Education, Selected Readings, NCERT, New Delhi.
2. Chawla, S.P. (1978) : Coordination between Education and Population Policies, a Case Study of India, NCERT, New Delhi.
3. Weeks, John R (2002) : Population, Word worth Group, USA.
4. Grover, R.P. and Bhardwaj R.K. (2002) : Population Education in India, The Associated Publishers, Ambala Cantt.

3. Bose Ashish & Desai P.B. (1989) (eds) : Population Planning in India, Policy Issues and Research Priorities, D. K. Publishers, New Delhi.
4. Mehta T.S.& Prakash B.S.(1974) : Population Education for Teachers NCERT, Publication, 1974.
5. Rao, D.G. (1973) : Population Education, Sterling Publishing Pvt. Ltd., New Delhi.
6. Salkar, K.R. (1981) : Population Education for Developing Countries, Sterling Publishers Pvt. Ltd., New Delhi, 1981.
7. Thomson, W.S. and Lewise, D.T. (1976 ) : Population Problems, Tata McGraw Hill, New Delhi.
8. Manson, K.O.(1987) : The Impact of Women's Social Position on Fertility in Developing: Countries, Sociological Forum, 718-745.
9. World Bank Report (1991) : Gender and Poverty in India.
10. Manson. K.O.(1984) : The Status of Women: A Review of its Relationship to Fertility and Mortality, New York: The Rockefeller Foundation.
11. Mukhopadhyaya, Alok (1992) : State of India's Health, Voluntary Health Association of India, 1992.
12. Khan, R.S. (Ed.) : Population Education: Content and Methodology, New Delhi: Institute of Advanced Studies in Education Jamia Millia ilslamia.
13. Rao, A.K. (2001) : Population Education, A.P.H. Publications, New Delhi.
14. Bailey, Adrian (2005) : Making Population Geography, Hodder Arnold, London.
15. Premi, Mahendra K. (2009) : India's Changing Population Profile, National Book Trust India, New Delhi.
16. World Population Policies (2001-2010) : Social and Economic Affair, United Nations, (annual).
17. Primary Census Abstract (2011) : Office of the Registrar General and Census Commission, India.
18. United Nations Demographic Year Book (2011) : Department of Economic and Social Affairs, United Nations, New York.
19. World Population Data Sheet (2012) : Population Reference Bureau, Washington D.C.

**B C**

The objective of this paper is to familiarize the student with the various aspects of health care and health education. Changes in personal and group attitudes and behavior that promote healthier living and understanding how careful planning and management of health services is essential to the increased demand for medical and health services will be the focus. A comparative study of health problems and health policies of developed and less developed countries and the role of government and non-government agencies will also be discussed.

1. There shall be nine questions in all.
2. A compulsory question containing 15 short answer type questions shall be set covering the whole syllabus. The students shall attempt any 10 parts in about 25-30 words each. Each part will carry 2 marks (Total 20 marks).
3. The whole syllabus has been divided into 4 units. Eight questions will be set out of the whole syllabus i.e. 2 from each unit. The students will be required to attempt one question from each unit. Each question will carry 15 marks. These will be in addition to the compulsory question at serial number 1.

- i) Concept, Significance, Objectives, Contents, Determinants and Principles of Health Education.
- ii) Concept, Nature and Scope of Health Care, Health Care System in India, Levels of Health Care.
- iii) Principles of Primary Health Care (health for all, health status and health problems) Evaluation of Health Services in India

- iv) Approaches to Public Health Communication in Health Education, and Practice of Health Education.
- v) Control of
  - (a) Communicable Diseases: STD. and AIDS, Alcoholism and Drug Abuse.
  - (b) Non-Communicable Diseases: Diabetes, Hypertension, Coronary Heart Disease and Cancer.
- vi) Agencies of Health Education Public and Private Sectors and NGOs

- vii) Health Management-Health Needs and Demands, Management Methods and Techniques.
- viii) Health and Manpower Management and Development.
- ix) Health Problems and Policies of Developed and Developing Countries

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- x) Health Planning (needs demands, resources, objectives, goals, management techniques and methods).
  - xi) National Health Policy and Health Planning in India, National Health Programme in India. Introduction to the Activities of International Agencies. WHO, UNICEF, UNDP, UNFPA, FAO
  - xii) Health Work of Bilateral Agencies (Government and Non-Government).

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1. Park K, (2011) : Park's Textbook of Preventive and Social Medicine Banarasidas Bhanot Publishers, Jabalpur.
2. Gupta M.C., Mahajan B.K, Late (2003) : Textbook of Preventive and Social Medicine Jaypee Brothers, Medical Publishers (P) Ltd., New Delhi.
3. Piyush Gupta (2013) : Text Book of Preventive and Social Medicine, CBS Publishers, New Delhi.
4. Sunder Lal, Adarsh & Pankaj (2010) : Text Book of Community Medicine: Preventive and Social Medicine (2<sup>nd</sup> edition), CBS Publishers, New Delhi.
5. Goel, S.L. (2008) : Health Education Administration: from International Level to Village Level, Deep and Deep Publication, New Delhi.
6. Goel, S.L. (2008) : Education of Communicable and Non-Communicable Diseases, Deep and Deep Publication, New Delhi.
7. Goel, S.L. (2008) : Health Education Theory and Practice, Deep and Deep Publication, New Delhi.
8. Goel, S.L., (2001) : Health Care System and Management, Deep and Deep, New Delhi.
9. Buchbinder, Sharon B. & Shanks, Nancy H. (ed.), (2007) : Introduction to Health Care Management, Jones and Bartlett, Boston.
10. Fallon, Fleming L. & Zgodzinski, Eric J. (ed.), (2009) : Essentials of Public Health Management, Jones and Bartlett, Sudbury.

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1. Irwin, V.L. & Spira, M., (1977) : Basic Health Education, Longman, London.
2. Pandya, Rames





x) Family Welfare Methods: Preventive, Corrective and Paralla Methods; Medical Termination of Pregnancy Act 1971 of India; Foeticide (New Act), Social Response to Family Welfare Methods.

**A A**

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1. Park J, E. & Park K.(1980) : A Textbook of Preventive and social Medicine, Banarasidas Bhanot Publisher, Jabalpur.
2. Goel, S.L. (1980) : Family Planning Programme and Beyond Deep & Deep, New Delhi.
3. Raina B. L. (1986) : Family Planning in Medical Education, Central Family Planning Institute, New Delhi.
4. Dawn, C. S. (1986) : Textbook of obstetrics and Neonatology. Dawn Book House, Calcutta.

**B**

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8. Evolution of Population Policy of India-Pre and Post Independence Eras.
9. India's Population Policy 2000 and its Critique.
10. Population Projections and Strategies for Future Population Dynamics.

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1. Chandana, R.C. (2010) : A Population Geography, Kalyani Publishers, New Delhi.
2. Panigrahi, Rajib L. (2005) : Problems of Population in India (ed.), Discovery, New Delhi.
3. Sharma, Rajendra K. (2004) : Demography and Population Problems, Atlantic, New Delhi.
4. Ahuja, Ram (2003) : Social Problems in India, Rawat Publications, Jaipur.
5. United Nations 2000-2003 : Human Development Report, Oxford University Press, New Delhi.
6. National Population Policy: (2000) : Dept. of Family Welfare, New Delhi. Ministry of Health and Family Welfare, Govt. of India.
7. Thompson, Warren S. & Lewis, David T. (1995) : Population Problems, McGraw-Hill, New York.
8. Leisinger, Klaus M. & Schmitt, Karin (1994) : All Our People: Population Policy with a Human Face, Island Press, Washington D.C.
9. Bose, Ashish (1988) : From Population to People, Vol. II, Delhi: B.R. Publishing Corporation.
10. Mahadevan, K. & Krishan, P. (1992) : Elderly Population in Developed and Developing World: Policies, Problems and Perspectives, B.R. Publications, New Delhi.
11. Bose Ashish and Premi : M.K. ( 1992) : Population Transition in South Asia, B.R. Publishers, New Delhi.
12. Mitra, A. (1967) : Levels of Regional Development in India, Indian Statistical Institute, New Delhi.
13. Thomlinson, Ralph (1967)

