

PANJAB UNIVERSITY
(Established under the Panjab University Act, 1962)

M.A. PSYCHOLOGY

**APPLICABILITY OF REGULATIONS FOR THE TIME
BEING IN FORCE**

Notwithstanding the integrated nature of a course spread over more than one academic year, the regulations in force at the time a student joins a course shall hold good only for the examinations held during or at the end of the academic year. Nothing in these regulations shall be deemed to debar the University from amending the regulations subsequently and the amended regulations, if any, shall apply to all the students whether old or new.

Note:

A candidate for M.A. examination shall offer Psychology or Sociology or Statistics or Public Administration only if he/she has completed and passed the prescribed courses in an affiliated college or the Department concerned of this University.

GUIDELINES FOR CONTINUOUS INTERNAL ASSESSMENT (20%) FOR REGULAR STUDENTS OF POST-GRADUATE COURSES in M.A. Psychology (Semester System)
(Effective from the First Year Admissions for the Academic Session 2009-2010)

1. The Syndicate has approved the following guidelines, mode of testing and evaluation including Continuous Internal Assessment of students :

- (i) Terminal Evaluation : 80 %
- (ii) Continuous Assessment : 20 %
- (iii) Continuous Assessment may include written assignment, snap tests, participation in discussions in the class, term papers, attendance etc.
- (iv) In order to incorporate an element of Continuous Internal Assessment of students, the Colleges/Departments will conduct **one** written test as qualified below :
 - (a) Written Test : 25 (reduced to 5)
 - (b) Snap Test : 25 (reduced to 5)
 - (c) Participation in Class Discussion : 15 (reduced to 3)
 - (d) Term Paper : 25 (reduced to 5)
 - (e) Attendance : 10 (reduced to 2)

Total : 100 reduced to 20

2. Weightage of 2 marks for attendance component out of 20 marks for Continuous Assessment shall be available only to those students who attend 75% and more of classroom lectures/seminars/workshops. The break-up of marks for **attendance component** for theory papers shall be as under :

<i>Attendance Component</i>	<i>Mark/s for Theory Papers</i>
(a) 75 % and above upto 85 %	:
(b) Above 85 %	:
	1
	2

3. It shall **not be compulsory** to pass in Continuous Internal Assessment. Thus, whatever ma inF12

**SCHEME OF EXAMINATION FOR M.A. PSYCHOLOGY (SEMESTER SYSTEM) FOR THE
EXAMINATION OF 2015-2016**

SEMESTER-I

		<i>Theory</i>	<i>Internal Assessment</i>	<i>Total</i>
Paper-I :	Theories and Systems of Psychology-I	80	20	100
Paper-II :	Social Psychology-I	80	20	100
Paper-III:	Experimental and Cognitive Psychology-I	80	20	100
Paper-IV:	Research Methodology and Statistics-I	80	20	100
Paper-V :	Practicum-I	40	10	50

SEMESTER-II

Paper-I :	Theories and Systems of Psychology-II	80	20	100
Paper-II :	Social Psychology-II	80	20	100
Paper-III:	Experimental and Cognitive Psychology-II	80	20	100
Paper-IV:	Research Methodology- and Statistics-II	80	20	100
Paper-V :	Practicum-II	40	10	50

M.A. Semester III (Semester System)

Any three electives from Sr. No. (1) to (12) can be taken by the students, in addition to compulsory courses at Sr. No. (13) and (14), (M.A. Semester III & IV).

There shall be choice based credit system. The students shall have the option of taking up one four credit course in each of the semesters from other disciplines. Likewise the students from other disciplines shall have the option of taking up one four-credit course from among the optional papers, per semester. Each semester shall be of 18 credits (sixteen credits for theory and 2 credits for practicals).

Sr.No.	Name of the Paper	Marks			Credits
		Theory	Internal assessment	Total	
1.	Organizational Psychology-I	80	20	100	4
2.	Child Psychopathology - I	80	20	100	4
3.	Life Span Developmental Psychology -I	80	20	100	4
4.	Clinical Psychology: Psychodiagnostics	80	20	100	4
5.	Clinical Disorders	80	20	100	4
6.	Counselling Psychology: Professional Foundation	80	20	100	4
7.	Counselling Psychology: Approaches and Appraisal	80	20	100	4
8.	Sports Psychology-I	80	20	100	4
9.	Positive Psychology-I	80	20	100	4
10.	Health Psychology -I	80	20	100	4
11.	Media Psychology-I	80	20	100	4
12.	Behavioral Economics	80	20	100	4
13.	Research Methodology and Statistics – I (Compulsory)	80	20	100	4
14.	Practicum	-	-	50	2

Guidelines for Continuous Internal Assessment (20%) for Regular Students of Post-Graduate Courses (Semester System)
(Effective from the admissions for the Academic Session 2009-2010)

The Syndicate has approved the following guidelines, mode of testing and evaluation including Continuous Internal assessment of students:

- i) Terminal evaluation : 80%
- ii) Continuous Assessment : 20%
- iii) Continuous Assessment may include written assignment, snap tests, participation in discussions in the class, term papers, attendance etc.

Continuous Internal Assessment : 20 marks

1. Two written tests 20 marks each
(reduced to 5 marks each)
2. Project work 10 marks
(5 marks Data Collection, 5 marks Write up)
3. It shall **not be compulsory** to pass in Continuous Internal Assessment. Thus, whatever marks are secured by a student out of 20% marks, will be carried forward and added to his/her score out of 80%, i.e. the remaining marks allocated to the particular subject and, thus, he/she shall have to secure pass marks both in the University examinations as well as total of Internal Continuous Assessment and University examinations.
4. Continuous Internal Assessment awards from the affiliated Colleges/Departments must be sent to the C.O.E., by name, **two weeks** before the commencement of the particular examination on the proforma obtainable from the examination branch.

Special Note:

- i)

PANJAB UNIVERSITY, CHANDIGARH

**OUTLINES OF TESTS, SYLLABI AND COURSES OF READINGS IN THE SUBJECT OF
M.A. PSYCHOLOGY (SEMESTER SYSTEM) i.e. 1st & 3rd SEMESTER
NOVEMBER/DECEMBER 2015, 2nd & 4th SEMESTER APRIL/MAY 2016 EXAMINATIONS.**

SEMESTER-I

Paper-I : THEORIES AND SYSTEMS OF PSYCHOLOGY-I

Total	:	100 Marks
Theory	:	80 Marks
Internal Assessment	:	20 Marks
Time Allowed	:	3 hours

(I) Objectives :

This course aims at helping the students to :

- (i) Appreciate basic assumptions, principles and historical roots of modern scientific psychology.
- (ii) Understand main theoretical perspectives in Psychology.
- (iii) Have an appraisal of the contemporary theoretical developments in modern psychology.

(II)

UNIT-II

Schools of Psychology :

Structuralism, Functionalism, Behaviorism, Gestalt, Classical Psychoanalysis (Freud).

UNIT-III

Theoretical Perspectives in Psychology :

Psychodynamic (Neo Freudians – Adler, Jung), Behaviouristic (Pavlov and Skinner), Humanistic-Existential (Maslow, Rogers, Rollo May), Field Theory (Lewin).

UNIT-IV

Current Theoretical Developments :

Cognitive (Information processing), Neurocognitive Science, Developmental perspective (Piaget), Social Learning (Bandura), Eastern Models (Indian).

Recommended Books :

1. Anastasi, A. (1988), Psychological Testing, New York : Mac Millan.
2. Chaplin, J.P. and Krawiec, T.S. (1979), Systems and Theories of Psychology, New York : Rinehart Winston.
3. Corsini, R. (1994), Encyclopaedia of Psychology, New York : Wiley Interscience.
4. Hall, C.S. and Lindzey, G. (1976), Theories of Personality, New York : John Wiley and Sons.
5. London, H. and Exner, J.E. Jr. (1978), Dimensions of Personality, New York : A Wiley Inter Science Publication.
6. Marks, M.H. and Cronan-Hillix, W.A. (1988), Systems and Theories in Psychology, New York : McGraw Hill, International Edition, Psychology Series.
7. Pervin, L.S. (1979), Personality : Theory, Assessment and Research, New York : John Wiley and Sons.
8. Wolman, B.E. (1979), Contemporary Theories and Systems in Psychology, Delhi : Freeman Book Co.
9. Woodworth, R.S. and Sheehan, M. (1963), Contemporary Schools of Psychology, New York : Methuen.

Paper -II : SOCIAL PSYCHOLOGY-I

Total	: 100 Marks
Theory	: 80 Marks
Internal Assessment	: 20 Marks
Time Allowed	: 3 hours

(I) Objectives :

The course aims at enabling the students to :

- (i) Understand the interface between society and psychology.

Paper-III : EXPERIMENTAL AND COGNITIVE PSYCHOLOGY-I

Total	: 100 Marks
Theory	: 80 Marks
Internal Assessment	: 20 Marks
Time Allowed	: 3 hours

(I) Objectives:

This course aims at helping the students to acquire an intensive knowledge about the experimental and cognitive researches and insights in the areas of Attention, Perception, Memory and different aspects of Learning.

(II) Pedagogy of the Course Work:

70 % lectures; 30% seminars, assignments and discussion.

INSTRUCTIONS FOR THE PAPER-SETTERS AND THE CANDIDATES :

- (III)** (i) There shall be 9 questions in all. Five questions have to be attempted.
- (ii) The first question shall be short answer type containing 15 short questions spread over the whole syllabus to be answered in about 25 to 30 words each, out of which 10 questions have to be attempted. It shall carry 20 marks and shall be a compulsory question.
- (iii) Rest of the paper shall contain 4 units. The entire syllabus has been divided into four units. Each unit shall have two questions and the candidates shall be given internal choice i.e. the candidates shall attempt one question from each unit.

UNIT-I

Classical Conditioning : Basic phenomena, Temporal relations, the Rescorla-Wagner model, Opponent Process theories and Classical conditioning.

Operant Conditioning : Basic phenomena, Reinforcement Schedules and their Experimental Analysis.

UNIT-II

Avoidance and Punishment : Two-factor theory and one-factor theory, Learned helplessness, punishment.

Problems of Reinforcement : A Re-evaluation of the Stop-Action Principle, the Role of the Reinforcer, Prediction of a Reinforcer.

UNIT-III

Biological Constraints on Learning : Attacks on the contiguity principle, Attacks on the equipotentiality premise, Heredity in Operant Conditioning , the General-Principle approach to learning.

UNIT-IV

Stimulus Control and Concept Learning : Generalizat

(II) Pedagogy of the Course Work :

70% lectures; 30% seminars, assignments and discussion

INSTRUCTIONS FOR THE PAPER-SETTERS AND THE CANDIDATES :

- (III)** (i) There shall be 9 questions in all. Five questions have to be attempted.
- (ii) The first question shall be short answer type containing 15 short questions spread over the whole syllabus to be answered in about 25 to 30 words each, out of which 10 questions have to be attempted. It shall carry 20 marks and shall be a compulsory question.
- (iii) Rest of the paper shall contain 4 units. The entire syllabus has been divided into four units. Each unit shall have two questions and the candidates shall be given internal choice i.e. the candidates shall attempt one question from each unit.

UNIT-I

Nature of Research in Psychology : Psychology as a science: Types of Variables; Review of literature; Research design; Selection and formulation of research problem and hypotheses.

UNIT-II

Research Techniques: Naturalistic Observation: Field studies; Survey Research : Features, uses and limitations of surveys, steps in survey research; Su(1)0.89126(o)-1.782(p)-18.0723(s)3.4576 u sinunie

SEMESTER-II

Paper-I : THEORIES AND SYSTEMS OF PSYCHOLOGY-II

UNIT-III

Learning : Pavlov, Skinner, Guthrie, Tolman, Hull, Bandura.

UNIT-IV

Motivation : Need theories (McClelland), Content th

Paper-II : SOCIAL PSYCHOLOGY-II

Total	: 100 Marks
Theory	: 80 Marks
Internal Assessment	: 20 Marks
Time Allowed	: 3 hours

(I) Objectives :

The course aims at enabling the student to:

- (i) Understand the interface between society and psychology.
- (ii) Appreciate how individual behaviour is influenced by socio-cultural factors.
- (iii) Realize how social psychology can be applied to issues both at a personal level and a broader social level.
- (iv) Understand how social behaviour can be analysed in

UNIT-III

Groups : Types, Group Cohesion.

Group Behaviour : Conformity, Obedience and Compliance.

Paper-III : EXPERIMENTAL AND COGNITIVE PSYCHOLOGY-II

Recommended Books :

1. D' Amato, M. R. (1970), Experimental Psychology : Methodology, Psychophysics and Learning, Delhi : Tata McGraw Hill.
2. Dodd, D. H. and White, R.M. (Jr.) (1980), Cognition : Mental Structures and Processes, Boston : Allyn and Bacon Inc.
- 3.

6. Guilford, J.P. and Fruchter, B. (1978), Fundamental Statistics in Psychology and Education, New York : McGraw Hill.
7. Kerlinger, F.N. (1964), Foundations of Behavioural Research, New York : Holt, Rinehart and Winston.
8. Nunnally, J.C. (1967), Psychometric Theory, New York : McGraw Hill.
9. Siegel, S. (2000), Non-Parametric Statistics for Behavioral Sciences, London : McGraw Hill.
10. Singh, A.K. (2008), Tests, Measurements and Research Methods in Behavioural Sciences, New Delhi : Bharti Bhawan.

Paper-V : PRACTICUM-II

(A) *Four practicals, one in each of the following areas, have to be carried out :*

- 1.

Paper II: CHILD PSYCHOPATHOLOGY-I

Maximum Marks	:	100
Theory Marks	:	80
Internal Assessment Marks	:	20
Time Allowed	:	3 hours

(I) Objectives:

To provide the students an insight into the nature, etiology, symptoms, and treatment of childhood disorders.

(II) Pedagogy of the course work:

70 % lectures; 30% seminars, assignments and discussion

INSTRUCTIONS TO PAPER SETTERS AND THE CANDIDATES :

- (III)** Eight Essay type questions and one objective type question will be set and method of evaluation is external.
- (IV)** (a) There shall be 9 questions in all. Five questions have to be attempted. The first question shall be Short Answer type containing 15 short questions spread over the whole syllabus to be answered each in about 25 to 30 words. 10 questions out of the short answer questions have to be attempted. It shall carry 20 Marks and shall be compulsory question.

Recommended Books :

1. Carson, R.C., Butcher, J.N. and Mineka, S. (2003). Abnormal Psychology and Modern Life. New Delhi: Pearson Education.
2. Garfinkel, B.O., Carson, G.A. and Weller, E.B. (1990). Psychiatric Disorders in Children and Adolescents. London W.B.: Saunders Company.
3. Kapur, M. (1995). Mental Health of Indian Children. New Delhi: Sage Publication.

INSTRUCTIONS TO PAPER SETTERS AND THE CANDIDATES :

- (III) Eight Essay type questions and one objective type question will be set and method of evaluation is external.
- (IV) (a) There shall be 9 questions in all. Five questions have to be attempted. The first question shall be Short Answer type containing 15 short questions spread over the whole syllabus to be answered each in about 25 to 30 words. 10 questions out of the short answer questions have to be attempted. It shall carry 20 Marks and shall be compulsory question.
- (b) Rest of the paper shall contain 4 Units. The entire syllabus has been divided into four units.
- (c) Each Unit shall have two questions and the candidates shall be given Internal Choice i.e. the candidates shall attempt one question from each Unit besides the compulsory question as mentioned in (a) above.

UNIT- I

Nature and scope of Clinical Disorders.

Diagnoses and its methods: Case study, interview and observation.

UNIT- II

Anxiety disorder, psychosomatic disorder, psychopathic deviation, childhood disorder: Schizophrenia: Nature, types, causes and treatment.

UNIT- III

Sex aberration, mood disorder, suicide and loneliness: Nature, types, causes and treatment.

UNIT- IV

Mental retardation, speech disorders, aging and post-traumatic stress disorder.

Recommended Books :

1.

Paper VII: COUNSELLING PSYCHOLOGY: APPROACHES AND APPRAISAL

Maximum Marks	:	100
Theory Marks	:	80
Internal Assessment Marks	:	20
Time Allowed	:	3 hours

(I) Objectives:

The present paper introduces fundamental features of counselling approaches. It aims at acquainting students with psychotherapeutic and counselling appraisal techniques as utilized in the practice of counselling.

(II) Pedagogy of the course work:

70 %lectures; 30% seminars, assignments and discussion

(I) Objectives:

1.

UNIT- I

Positive Psychology: History, nature and scope .
Interpersonal Perspectives: Empathy, Love and Social relations.

UNIT- II

Positive Emotional States and Well Being with special emphasis on Forgiveness and Gratitude.

UNIT- III

Happiness: Theories, measures and correlates.

(II) Pedagogy of the course work:

70 %lectures; 30% seminars, assignments and discussion

INSTRUCTIONS TO PAPER SETTERS AND THE CANDIDATES :

- (III)** Eight Essay type questions and one objective type question will be set and method of evaluation is external.
- (IV)** (a) There shall be 9 questions in all. Five questions have to be attempted. The first question shall be Short Answer type containing 15 short questions spread over the whole syllabus to be answered each in about 25 to 30 words. 10 questions out of the short answer questions have to be attempted. It shall be 50% 100% ET Q Q 8.33333 0 0 8.33333 C

Recommended Books :

1. Brannon, L. and Feist, J. (2007). Introduction to Health Psychology. New Delhi: Thomson – Wadsworth.
2. Cohen, L.M., McChargue, D.E. and Collins, F.J. (2003). The Health Psychology Handbook. New Delhi: Sage Publications.
3. Friedman-Di, Mateo (1989). Health Psychology. New York: Prentice Hall.

INSTRUCTIONS TO PAPER SETTERS AND THE CANDIDATES :

- (III) Eight Essay type questions and one objective type question will be set and method of evaluation is external.
- (IV) (a) There shall be 9 questions in all. Five questions have to be attempted. The first question shall be Short Answer type containing 15 short questions spread over the whole syllabus to be answered each in about 25 to 30 words. 10 questions out of the short answer questions have to be attempted. It shall carry 20 Marks and shall be compulsory question.
- (b) Rest of the paper shall contain 4 Units. The entire syllabus has been divided into four units.
- (c) Each Unit shall have two questions and the candidates shall be given Internal Choice

Recommended Books :

1. Albarram, A.B. (2007). Management of Media. U.K. Thomson.
- 2.

UNIT- I

Nature of Behavioral Economics, Relation between Psychology and Economics. Behavioral Economics and ethical foundations of capitalization. Future of Behavioral Economics.

UNIT- II

Foundations of Behavioral Economics: Rationality, Values and Choices.

UNIT- III

Decision Making: Risk and uncertainty.

UNIT- IV

Mental accounting: Concept and applications.

Recommended Books :

1. Wilkinson, N. (2007). An Introduction to Behavioral Economics. Palgrave Macmillan.
2. Altman, M. (2007). Handbook of Contemporary Behavioral Economics: Foundation and developments. Prentice Hall of India Pvt. Ltd. New Delhi.
3. Diamond, P. and Vartiainen, H. (Ed.) (2007). Behavioral Economics and its applications. Princeton University Press. New Jersey.
4. Cameror, C. F. (2003). Behavioral Game Theory: Experiments in Strategic Interaction. Princeton University Press, N.J.
5. Cameror, C.F., Loewenstein, G. , Rabin, M. (Eds.) (2004). Advances in Behavioral Economics (The Roundtable Series in Behavioral Economics) Princeton University , N.J.
6. Kahneman, D. and Tversky, A. (Eds.) (2000). Choices, Values and Frames. Cambridge University Press.

Paper XIII: RESEARCH METHODOLOGY AND STATISTICS – I (Compulsory)

Maximum Marks	:	100
Theory Marks	:	80
Internal Assessment Marks	:	20
Time Allowed	:	3 hours

(I) Objectives:

To provide the students the knowledge, understanding, and applications of

- (i) Standardization of Psychological Tests
- (ii) Experimental designs, and

(II) Pedagogy of the course work:

70 %lectures; 30% seminars, assignments and discussion

INSTRUCTIONS TO PAPER SETTERS AND THE CANDIDATES :

(III)

Recommended Books :

1.

UNIT- III

Stress Management.
Time Management.

UNIT- IV

Organizational Climate.
Organizational Change.

Recommended Books :

1. Davis, K. (1981). Human Behaviour at Work. New Delhi: Tata McGraw Hill.
2. Dunnette, M.D. and Hough, L.M. (1998). Handbook of Industrial and Organizational Psychology. (Vol. 1-4). Mumbai: Jaico Publishing House.
3. Ganguli, H.C. (1964). Structure and Processes of Organization. Bombay: Asia Publishing.
4. Gibson, J.L., Ivancevich, J.M. and Bommally, J.H. (1976). Organizations: Structure, Processes, Behaviour. Dallas: Business Pub.
5. Hersey, R.E. and Blanchard, T. (1977). The Management of Organizational Behaviour. New Delhi: Prentice Hall.
6. Luthans, F. (1986). Organizational Behaviour. New York: McGraw Hill.
7. Nilakant, V.Ramnarayan, S. (2008). Managing Organizational Change. New Delhi: Sage Publications.
8. Robbins, S.P. (1992). Organizational Behaviour. New Delhi: Prentice Hall.
9. Ramnarayan, S.; Rao, T.V. and Singh, K. (Eds.) (2009). Organizational Development. New Delhi: Sage Publications.
10. Sharma, N. and Yadava, A. (2010). Business Psychology. New Delhi: Global Vision Publishing House.

Paper II : INDUSTRIAL PSYCHOLOGY

Maximum Marks	:	100
Theory Marks	:	80
Internal Assessment Marks	:	20
Time Allowed	:	3 hours

(I) Objectives:

1. To understand the basic concepts and principles of Industrial Psychology.
2. To appreciate the major factors which influence the human performance and productivity in industry.
3. To study the principles of psychology of effective selling and marketing.
4. To have over view of the empirical researches in different areas of Industrial Psychology.

(II) Pedagogy of the course work:

70 %lectures; 30% seminars, assignments and discussion

UNIT- I

Nature and scope of clinical psychology.
Goals and limitations of Psychotherapy.
Role of psychotherapist, Therapeutic relation

UNIT- II

Psychoanalysis as a therapeutic technique.
Behaviour modification: Systematic desensitization, Aversion therapy, Assertive training, Modelling.
Application of these therapies for different maladaptive behaviour.

UNIT- III

Phenomenological models: Rogers therapy, Gestalt therapy, Existential analysis.
Role playing and psychodrama.
Overt and covert sensitization.
Physio-chemical therapies.

UNIT- IV

Cognitive-behaviour therapy (CBT)
Yoga and meditation.
Community psychiatry.
Hospital care.

Recommended Books :

1. Achanbach, T.M. (1992). Developmental Psychopat

Paper IV : SPORTS PSYCHOLOGY- II

Maximum Marks	:	100
Theory Marks	:	80
Internal Assessment Marks	:	20
Time Allowed	:	3 hours

(I) Objectives:

1. To trace the development of sports psychology as an independent discipline with its multidimensional perspective.
2. To identify the relationship of personality, motivation and situational factors with performance on individual and team events.
3. To discuss the role of training and other psychological interventions towards performance enhancement in sports.

(II) Pedagogy of the course work:

70 %lectures; 30% seminars, assignments and discussion

INSTRUCTIONS TO PAPER SETTERS AND THE CANDIDATES :

- (III)** Eight Essay type questions and one objective type q

(I) Objectives:

The present paper introduces fundamental features of counselling. It aims at acquainting students with essential skills, understanding and utilization of various assessment procedures, psychotherapeutic techniques in areas of educational and vocational counselling.

(II) Pedagogy of the course work:

70 %lectures; 30% seminars, assignments and discussion

INSTRUCTIONS TO PAPER SETTERS AND THE CANDIDATES :

(III) Eight Essay type questions and one objective type question will be set and method of evaluation is external.

- (IV)** (a) There shall be 9 questions in all. Five questions have to be attempted. The first question shall be Short Answer type containing 15 short questions spread over the whole syllabus to be answered each in about 25 to 30 words. 10 questions out of the short answer questions have to be attempted. It shall carry 20 Marks and shall be compulsory question.
- (b) Rest of the paper shall contain 4 Units. The entire syllabus has been divided into four units.
- (c) Each Unit shall have two questions and the candidates shall be given Internal Choice i.e. the candidates shall attempt one question from each Unit besides the compulsory question as mentioned in (a) above.

UNIT- I

School Counselling :

Elementary School Counselling: Role, functions and activities.

Middle Scho634(i)8.83844(d)-12.6889(d)0.128297(l)-3.97879(e)-4.60306()6.47276(S)-7.95757(c)8.214r-8.83688(o)-12.6.47276(S)-

UNIT- IV

Consultation

Definition, Consultation vs. Counselling, Consultation models, stages and levels of consultation – Individual, group, organization, community.

Specific Areas of consultation – Schools, colleges and work-setting.

Recommended Books :

1. Arulmani, G., Nag Arulmani, S. (2004). Career Counselling: A Handbook. McGraw Hill Edu. Pvt. Ltd., India.
2. Bell, B.R. (1975). Marriage and Family Interaction. London: Dorsey Press.
3. Dryden, W. (1995). Key Issues for Counselling in Action. London: Sage Publications.
4. Gelanty, E. and Harrie, B.B. (1982). Marriage and Family Life. Boston: Houghton Mifflin Co.
5. Geldard, K. (2004). Counselling Adolescents. Sage Publishers: New Delhi.
6. Gelso; C.J.; Fretz; B.M. and Bruce, R. (1995). Counselling Psychology. New York: Priso m Har Court Brace.
7. Gilliland, B., James, R.K. and Bowman, J.J. (1989). Counselling. New York: McGraw Hill.
8. Phares, E.J. and Timothy, T. J. (1997). Clinical Psychology. U.S.A: Booksh W n q 8.33333 7(s)-8.33464(,)6.4727(1)-3.9

(I) Objectives:

To develop an understanding of Psychology within a Life Span Perspective.

(II) Pedagogy of the course work:

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UNIT- I

Developmental Disorders: Autism, Childhood Onset Schizophrenia.

UNIT- II

Communication and Learning disorders.

UNIT- III

Feeding and Eating disorders.

UNIT- IV

Elimination Disorders.

Recommended Books :

1. Carsoo, R.C., Butcher, J.N. and Mineka, S. (2003). Abnormal Psychology and Modern Life. New Delhi: Pearson Education.
2. Garfinkel, B.O., Carsoo, G.A. and Weller, E.B. (1990). Psychiatric Disorders in Childhood and Adolescence. London W.B.: Saunders Company.
3. Kapur, M. (1995). Mental Health of India Child

and Mayer, R.G. (2001). Textbook of Child Psychology and Psychiatry. London: Taylor & Francis.

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Paper IX: HEALTH PSYCHOLOGY-II

UNIT- I

(II) Pedagogy of the course work:

70 %lectures; 30% seminars, assignments and discussion

INSTRUCTIONS TO PAPER SETTERS AND THE CANDIDATES :

- (III)** Eight Essay type questions and one objective type question will be set and method of evaluation is external.
- (IV)** (a) There shall be 9 questions in all. Five questions have to be attempted. The first question shall be Short Answer type containing 15 short questions spread over the whole syllabus to be answered each in about 25 to 30 words. 10 questions out of the short answer questions have to be attempted. It shall carry 20 Marks and shall be compulsory question.
- (b) Rest of the paper shall contain 4 Units. The entire syllabus has been divided into four units.
- (c) Each Unit shall have two questions and the candidates shall be given Internal Choice i.e. the candidates shall attempt one question from each Unit besides the compulsory question as mentioned in (a) above.

UNIT I

Identifying and measuring Human Strengths; Positive Traits and Well Being.

UNIT II

Cognitive approaches to Positive Psychology: Self Efficacy and Well Being; Wisdom: its structure, theories and relationship with Well Being.

UNIT III

Positive States and their development: Resilience; Concept of Flow and Creativity; Emotional Intelligence and its positive impact.

UNIT IV

Applied Perspectives of Positive Psychology: Positive Psychology at Work; Positive Therapy; Well-Being Therapy and its applications in different domains.

Recommended Books :

1. Crompton, W.C. (2005). An Introduction to Positive Psychology, Singapore: Thomson.
2. Snyder, o

5. Peterson, C. (2006). Positive Psychology. New York: Oxford University Press.
6. Selyman, E.P.M. (2007). Authentic Happiness. London: Nicholas Publishing House.

Paper XII: MEDIA PSYCHOLOGY-II

Maximum Marks	:	100
Theory Marks	:	80
Internal Assessment Marks	:	20

UNIT III

INSTRUCTIONS TO PAPER SETTERS AND THE CANDIDATES :

- (III) Eight Essay type questions and one objective type question will be set and method of evaluation is external.
- (IV) (a) There shall be 9 questions in all. Five questions have to be attempted. The first question shall be Short Answer type containing 15 short questions spread over the whole syllabus to be answered each in about 25 to 30 words. 10 questions out of the short answer questions have to be attempted. It shall carry 20 Marks and shall be compulsory question.
- (b) Rest of the paper shall contain 4 Units. The entire syllabus has been divided into four units.
- (c) Each Unit shall have two questions and the candidates shall be given Internal Choice i.e. the candidates shall attempt one question from each Unit besides the compulsory question as mentioned in (a) above.

UNIT- I

Theory of test measures: Rationale of reliability and validity; item statistics and its effect on reliability and validity; Speed and power tests (introduction).

UNIT- II

Types of reliability; factors affecting reliability.

Types of validity; factors affecting validity.

Analysis of Covariance in Randomized Group Design (Single subject in each cell).

UNIT- III

Item writing and Item analysis.

Norms: Age and Educational Norms, Standard Scores.

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