



Semester III								
Paper Code	Title	Generic/Skill Component	Theory/Practical	Internal (Theory)	External (Theory)	Internal (Practical)	External (Practical)	Credit
E	Enrollment	nr	2 or 3					
	Continuation	nr	2 or 3					
	Core Business							
	Practical							
	Practical							
SEMESTER IV								
E	Enrollment	nr	2 or 3					
	Continuation	nr	2 or 3					
	Practical		r					
	Practical							
	Professionalism							
	Practical		r					

***Refer to Generic Components Common to all B.Voc. Courses**

**** Summer Industrial Training of 4-6 weeks in a relevant Industry after 4th Semester Examinations during summer break. Training report by the student to be submitted within in one week of start of 5th Semester. Viva-Voce examination to be held within 3-weeks of the start of 5th semester.**

Job Role: ----- Body Therapist, Media & Stage makeup artist, Salon Manager, Spa Therapist, Yoga Therapist, Gym Trainer, Panchkarma Therapist.

***Refer to Generic Components Common to all B.Voc. Courses**

****Winter Industrial/ In-house Training of 2-3 weeks done after 5th Semester Examinations and before start of 6th semester. Training report by the stud**

B.Voc. (Global Professional in Beauty & Aesthetics)

Semester: I

Paper Title: Hand & Feet Care

Paper Code: GP-106

Credits: 06

Job Role: *Front Desk Officer, Beauty Advisor, Aesthetician, Pedicurist/Manicurist, Makeup Artist, Beauty Therapist, Shampooer and Hair Therapist, Salon Owner.*

Objectives:

1. Prepare client and area hygienically, examine hands and/or feet, plan the treatment, note contra-indications and give advice.
2. Perform nail treatments safely, effectively, hygienically and to a commercial standard and time on a variety of clients.
 - Optimize opportunities to give information and advice to clients regarding products and services.

Instructions for Examiner:

Evaluate the candidate's performance in the following areas:
1. Preparation of the client and the treatment area.
2. Examination of the hands and feet.
3. Planning the treatment.
4. Execution of the treatment.
5. Client care and advice.
6. Hygiene and safety.
7. Time management.
8. Professionalism and communication skills.

Unit I

Equipments & Products

Use of the equipment and products for hand and feet: nail enamel remover, Cuticle cream, Massage cream/oil, Nail strengtheners, Hard skin remover for the feet, Base coat, Top coat, Quick dry (spray and paint on), Cuticle oil, Cuticle remover, Buffing paste, Exfoliate for skin of the hands and feet, Nail enamel, Ridge filler.

NIT II

Correct use of the following equipment for nail treatment: Emery board, Nail clippers, Orange wood stick, Rubber hoof stick, Cuticle knife, Cuticle nippers/Cuticle scissors, Chamois Buffer, Rasp or other hand skin remover. Gel Nails, Refill and After-Care, Temporary nail extension.

Unit III

Procedures

Nail Shaping

Manicure, and pedicure

B.Voc. (Global Professional in Beauty & Aesthetics)

Semester: I

Paper Title: Hair Trichology

Paper Code: GP-103

Credits: 06

Job Role: Front Desk Officer, Beauty Advisor, Aesthetician, Pedicurist/Manicurist, Makeup Artist, Beauty Therapist, Shampooer and Hair Therapist, Salon Owner.

Objectives:

B.Voc. (Global Professional in Beauty & Aesthetics)

Semester: I

Paper Title: Fundamentals of Beauty
Paper Code: GP-104

Credits: 06

Job Role:

B.Voc. (Global Professional in Beauty & Aesthetics)

Semester: II

Paper Title: Hair Care

Paper Code: GP-111

Credits: 06

Job Role: *Front Desk Officer, Beauty Advisor, Aesthetician, Pedicurist/Manicurist, Makeup Artist, Beauty Therapist, Shampooer and Hair Therapist, Salon Owner.*

Objectives:

1. Prepare the client and area hygienically and safely, examine the area, plan the treatment, note contra-indications and advice on the most appropriate means of hair removal & bleaching
2. Understand the key ingredients in waxing products and the various types and systems available in the market.
3. Perform safely, effectively and to commercial standards and timing, a variety of methods of hair removal on a variety of clients.
4. Enable student to shape the eye brows

Instructions for Examiner:

Examine the client and area hygienically and safely, examine the area, plan the treatment, note contra-indications and advice on the most appropriate means of hair removal & bleaching. Understand the key ingredients in waxing products and the various types and systems available in the market. Perform safely, effectively and to commercial standards and timing, a variety of methods of hair removal on a variety of clients. Enable student to shape the eye brows.

UNIT I
Introduction to Beauty and Aesthetics

UNIT II
Skin Care and Hair Removal

UNIT III
Cosmetics and Hair Styling

UNIT IV
Nails and Pedicure

B.Voc. (Global Professional in Beauty & Aesthetics)

Semester: II

Paper Title: Beauty Regime

Paper Code: GP-109

Credits: 06

Job Role: *Front Desk Officer, Beauty Advisor, Aesthetician, Pedicurist/Manicurist, Makeup Artist, Beauty Therapist, Shampooer and Hair Therapist, Salon Owner.*

Objectives:

1. To explain the purpose and application of facials and face mask.
2. To follow proper safety and sanitation procedures.
3. To develop skills in the manipulation of equipment and materials necessary for facial.
4. To demonstrate the use of equipment, implements, cosmetic and material when giving a facial.

Instructions for Examiner:

Examine the purpose and application of facials and face mask. To follow proper safety and sanitation procedures. To develop skills in the manipulation of equipment and materials necessary for facial. To demonstrate the use of equipment, implements, cosmetic and material when giving a facial.

Study and recognition of skin types

Classification of skin types, special treatments to different types of skin: acne, open pores, pigmented, matured, wrinkled skin.

NIT II

Types of Facials

Plain facial, Veg. peels facial, Gauze facial, Ozone facial, Thermo herb facial, Gold & Silver facial.

NIT III

Types of Face Masks

- Ingredients and effects of face masks
- Clay Masks
- Natural Masks (Vegetable & Fruits)
- Thermal Masks
- Paraffin Wax Masks.
- Latex Plastic Masks.
- Peel off Masks.
- Other Ayurvedic Masks.

NIT I

Equipment needed for facial treatment: Tools & techniques

- Maintenance a high standard of hygiene & safety throughout.
- Contraindications to face masks & facials.
- Preparation of masks in suitable quantity at appropriate time.
- How a mask/facial should be applied and why.
- Face mask to the specific area they suit.
- Removal of the face mask comfortably, promptly and thoroughly.
- Recommendation for future treatment plan to incorporate salon & home use of the products.

References Resources:

1. David E. Bank and Estelle Sobel, Adams Media Corporation, Beautiful Skin: Every Woman's Guide to Looking Her best at any age.
2. Stephanie Tourles, Storey Books, Naturally Healthy Skin: Tips and Techniques for a lifetime of Radiant Skin.
3. Dr. Renu Gupta, Skin Care
4. Arlene Mathew, The complete Beauty Book, Varun Publication, Bangalore.
5. Kim Johnson, Knopf, Women's Face: Skin Care and Makeup
6. Milady's, Text Book of Cosmetology, Milady Publication, America

B.Voc. (Global Professional in Beauty & Aesthetics)

B.Voc. (Global Professional in Beauty & Aesthetics)

Semester: III

Paper Title: Hair Cuts & Styling Techniques

Paper Code: GP-205

Credits: 06

Job Role: *Body Therapist, Media & Stage makeup artist, Salon Manager, Spa Therapist, Yoga Therapist, Gym Trainer, Panchkarma Therapist.*

Objectives:

1. Enable students to give home care advice to the clients.
2. To impart the concept of nature cure system based on scientific technique of Massage and pressure.
3. To give knowledge about various pressure techniques for different ailments.
4. To impart knowledge about preparing and using home products.
5. Preparation of natural, safe, low cost products for hair, scalp and skin

B.Voc. (Global Professional in Beauty & Aesthetics)

Semester: III

Paper Title: Makeup Artistry

Paper Code: GP-204

Credits: 06

Job Role: Front Desk Officer, Beauty Advisor, Aesthetician, Pedicurist/Manicurist, Makeup Artist, Beauty Therapist, Hair Designer, Salon Owner.

B.Voc. (Global Professional in Beauty & Aesthetics)

Semester: IV

Paper Title: Hair Coloring

Paper Code: GP-211

Credits: 06

Job Role: *Body Therapist, Media & Stage makeup artist, Salon Manager, Spa Therapist, Yoga Therapist, Gym Trainer, Panchkarma Therapist.*

Objectives:

- To understand the basic elements of hair designing.
- Provide color service in accordance with a client's need or expectations.
- To effectively perform hair straightening & hair waving

Instructions for Examiner:

1. The candidate should be able to identify the different types of hair colorants and their uses.

2. The candidate should be able to perform hair color service in accordance with a client's need or expectations.

3. The candidate should be able to perform hair straightening & hair waving.

UNIT I

1. The candidate should be able to identify the different types of hair colorants and their uses.

UNIT II

1. The candidate should be able to perform hair color service in accordance with a client's need or expectations.

2. The candidate should be able to perform hair straightening & hair waving.

UNIT III

1. The candidate should be able to identify the different types of hair colorants and their uses.

2. The candidate should be able to perform hair color service in accordance with a client's need or expectations.

UNIT IV

1. The candidate should be able to identify the different types of hair colorants and their uses.

2. The candidate should be able to perform hair color service in accordance with a client's need or expectations.

3. The candidate should be able to perform hair straightening & hair waving.

References Resources:

1. Standard Textbook of Cosmetology; My Lady Publication.
2. NVQ Level II and III; U.K. Syllabus
3. Hair Dressing I ; Leo Pollacine
4. Hair Dressing II ; Martin Green

B.Voc. (Global Professional in Beauty & Aesthetics)

Semester: IV

Paper Title: Body Perfection through Yoga Aerobics & Gym

Tummy roler
Electric Exercycle
Slender tone machine
Treadmill
Gym Six Station.

References Resources:

1. Swami Ramdev 'Yog Its Philosophy & Practice' SS Printed Faridabad.
2. Krishan Kumar 'Yoga for Health & Relaxation' Lotus Press, Delhi.
3. Kundalini Yoga: The Flow of Eternal Power by Shakti Parwha Kaur Khalsa, Pengree.
4. The Mind its Projections and Multiple Facets by Yogi Bhajan, Ph.D.with Gurcharan Singh Khalsa, Ph.D.KRI.
5. The Master's Touch by Yogi Bhajan, Ph.D.KRI.
6. Asana Pranayama Mudra Bandha : Sm. Satyananda
7. Astanga Yoga : Sm. Satyananda

B.Voc. (Global Professional in Beauty & Aesthetics)

Semester: V

Paper Title: Beauty & Business Management

Paper Code: GP-302

Credits: 06

Job Role: Laser Therapist, Skin Therapist, Bride Designer, Entrepreneur, Manufacturer of cosmetics, Vocational Trainer in Beauty School, Trichologist, Yoga Therapist for Hair Care Centre, Salon Manager.

Objectives:

1. Understanding of the basic principles of Business Management.
2. To apply the knowledge of Business Management in Beauty Industry.
3. To give insight the students on the importance of advertising and promotion and book-keeping.
4. To interpret the balance sheet and other sales techniques.

Instructions for Examiner:

Enroll in the course of Beauty & Business Management. The course is designed to provide students with the necessary skills and knowledge to work in the beauty industry. The course includes modules on business management, marketing, and sales. The course is designed to be completed over a period of two years. The course is designed to be completed over a period of two years. The course is designed to be completed over a period of two years.

Unit I

Forming A Company -

B.Voc. (Global Professional in Beauty & Aesthetics)

Semester: V

Paper Title: Body Therapy

Paper Code: GP-303

Credits: 06

Job Role: Body Therapist, Media & Stage makeup artist, Salon Manager, Spa Therapist, Yoga Therapist, Gym Trainer, Panchkarma Therapist.

Objectives:

1. Improve physical fitness & analyze the figure and posture defects.
2. To understand the importance of perfect body postures.
3. Impact of massage on the skin & muscles for figure improvement.
4. Techniques of heat treatment and its effect.

Instructions for Examiner:

Safety Precautions
After Care/Home Care

Potli Massage

Purpose
History
Benefits
Essential steps
Treatment preparation
Safety precautions/Do's & Don'ts
After care

References Resources:

1. Prof. Holger Hannemann. Magnetic Therapy: Balancing your energy flow for self healing
2. Andrew Salter, The Conditioned Reflex Therapy Classic Book on Assertiveness that began Behavior Therapy Published
3. Diane Buchman, Blanche Fried, The Complete Book on Water Therapy
4. Ruth Sova, The Water way to Mobility and Pain free.

B.Voc. (Global Professional in Beauty & Aesthetics)

Semester: VI

Paper Title: Research Methodology

Paper Code: GP-308

Credits: 06

Job Role: Laser Therapist, Skin Therapist, Bride Designer, Entrepreneur, Manufacturer of cosmetics,

B.Voc. (Global Professional in Beauty & Aesthetics)

Semester: VI

Paper Title: Pre Bridal Grooming Plan

Paper Code: GP-309

Credits: 06

Job Role: Laser Therapist, Skin Therapist, Bride Designer, Entrepreneur, Manufacturer of cosmetics, Vocational Trainer in Beauty School, Trichologist, Yoga Therapist for Hair Care Centre, Salon Manager.

Objectives:

1. To enable the students to develop practical skills in giving pre-bridal services.
2. To enable the students In framing pre-bridal packages according to the requirements and budgets.
3. To enable the students to design the services in a given time frame.
4. To inculcate unique selling points in students through blogs, rehearsals and photo shoots.

Instructions for Examiner:

Enroll the students to develop practical skills in giving pre-bridal services. To enable the students In framing pre-bridal packages according to the requirements and budgets. To enable the students to design the services in a given time frame. To inculcate unique selling points in students through blogs, rehearsals and photo shoots.

nit I

Pre-Bridal Sessions:

Face: Eyebrow grooming, facial for nourishing the skin, IPL treatment to reduce hair growth, if required.

Body: Diet consultation and Gym enrollment for figure correction, Body waxing, bleaching and polishing treatment, Aroma therapy for deep massage.

Hand & Feet care: Manicure & Pedicure, Nail art, professional mehndi designing, artificial nails if desired.

NIT II

Hair: Improving the quality of hair, treatment for dandruff prone/ damaged hair, treatment/ hair colour for gray hair, hair spa and different hair styles for different ceremonies.

Spa:

Weekend indulgence

Dental spa for the smile.

NIT III

Pre-Bridal Packages:

Designing pre-bridal/bridal packages for different prices.

Designing wedding blogs and inviting reviews.

Fixing bridal makeup team, hair designing team & treatment team.

Dress rehearsal: Trial make over sessions & draping according to different cultures & themes.

NIT I

Deciding on hair accessories, bridal jewellery & cosmetics.

Photo shoots & headshots session for bride before & after makeup.

Designing of short term make up courses for brides to be.

Wedding wishes

References Resources:

1. Rar Morris "Express Makeup"
2. Bobby Brown "Makeup Manual".
3. Makeup Makeovers: Expert secrets for stunning transformation. Robert Jones.
4. Making Faces: Kevyn Aucoin.
5. Jemma Kidds "Make up Masterclass" Beauty Bible of Professional Techniques & Wearable Look.

B.Voc. (Global Professional in Beauty & Aesthetics)

Semester: VI

Paper Title: Electrical & Chemical Treatments

Paper Code: GP-310

Credits: 06

Job Role: Laser Therapist, Skin Therapist, Bride Designer, Entrepreneur, Manufacturer of cosmetics, Vocational Trainer in Beauty School, Trichologist, Yoga Therapist for Hair Care Centre, Salon Manager.

Objectives:

1. Explain and discuss the electrical currents used in beauty therapy..
2. Understand the safety and preparatory procedures for these treatments, including contra-indications.
3. Perform hygienically, successfully and safely, to a commercial standard and time, each treatment, to suit each individual client, on a variety of clients.
 - Explain the physiological and psychological effects

B.Voc. (Global Professional in Beauty & Aesthetics)

Semester: VI

Paper Title: Advance Makeup Techniques

Paper Code: GP-311

Credits: 06

Job Role: Body Therapist, Media & Stage makeup artist, Salon Manager, Spa Therapist, Yoga Therapist, Gym Trainer, Panchkarma Therapist.

Objectives:

1. Perform make-ups safely & hygienically,
2. Perform makeup's to time & include various techniques, for a variety of occasions on a variety of clients.
3. Perform makeup for media, theater, TV, portfolio & ramp.
4. Making students proficient in using advance make up techniques like Air Gun.

Instructions for Examiner:

Equation of the face for make-up, Trolley Setting, Makeup Consultancy Chart, use of Air Brush Makeup

NIT I

Preparing the face for make-up, Trolley Setting, Makeup Consultancy Chart, use of Air Brush Makeup

NIT II

Different make ups

Wet look make up, Engagement make up, Bridal make up, Reception make up, Groom Makeup, Makeup for fashion show

NIT III

Advance Make up

Portfolio, Glossy Make Up, Ramp Make Up, Black & White Make Up, Fantasy Make Up

NIT I

Illusion Make Up

Cut Marks, Stitch Marks, Accidental Marks, Burn Marks, Old Age, Blood Coming out of mouth.

High standard of hygiene and safety, precautions, Cleaning Tools and Equipment.

Make up removal procedure and products.

References Resources:

1. Kevyn Aucoin, Harper Collins, The Art of Make-up
2. Mary Quant, DK Publishing, Classic Makeup and Beauty
3. Kevyn Aucoin, Little Brown and Company, Face Forward
4. Kevyn Aucoin, Little Brown and Company. Making Faces
5. Arlene Mathew, The complete Beauty Book, Varun Publication, Bangalore
6. Milady's, Text Book of Cosmetology, Milady Publication, America