

1.	Course Title	Psychology
2.	Course Code	Semester I( PSY-DSC- ), Semester-II ( PSY-DSC- )
3.	Course duration/LTP (Lectures, Tutorials, Practical)	Total 45 hours of lectures for Theory Course + 30 hours of practical in one full semester. (1 credit=15 hours of theory learning based on 3 hrs/week) (1 credit=30 hours of practical based on 2 hrs/week) (1 semester =15 weeks)
4.	Credits	Four Credit Course Theory & Practical Credits =3 +1
5.	Max. Marks and Time	Four Credit Course Max. Marks = 100 Time: 3 Hrs.

2.

3.

Department of Psychology, Panjab University, Chandigarh.

Discipline	Minor	Minor	Multi- Disciplinary Courses (MDSC)	Ability Enhancement courses (English, Modern Indian
Specific Courses -Core,				

## Unit-II, Personality

**SEMESTER-I**  
**Discipline Specific Course (DSC)**  
**PSY-DSC-**  
**Paper : Introduction to Psychology-I**

### Suggested Readings:

1. Baron, R. & Misra, G (2016). Psychology; (5<sup>th</sup> edition): Pearson
2. Ciccarelli, S.K. White, N.J., & Misra, G.(2017) . Psychology 5<sup>th</sup> South Asia Edition) Pearson Education
3. Das, J.P. (1998). The Working Mind: An Introduction to Psychology. New Delhi: Sage.
4. Feldman, R.S. (2014). Understanding Psychology. New Delhi : Tata McGraw Hill.
5. Garrett, H.E. (2005). Statistics in Psychology and Education, New Delhi : Paragon International Publishers
6. Kerlinger, F. N. (1964).Foundations of Behavioural Research. New York: Rinehart and Winston.
7. A Handbook for Professionals in applied psychology, Oxford University Press
- 8 Kerlinger, F. N. (1964).Foundations of behavioral research; educational and psychological inquiry. New York: Holt, Rinehart and Winston,
9. Morgan, C.T., King, R.A., Weisz ,J.R. and Schopler, J. (1987). Introduction to Psychology, Singapore: McGraw, Hill
10. Zinn,J.K(2017) Mindfulness for beginners, Jain Publishing House

**SEMESTER-II**

**Discipline Specific Course (DSC)**

## Suggested Readings:

1. Baron, R. & Misra, G (2016). Psychology; (5<sup>th</sup> edition): Pearson
2. Ciccarelli, S.K. White, N.J., & Misra, G.(2017) . Psychology 5<sup>th</sup> South Asia Edition) Pearson Education
3. Das, J.P. (1998). The Working Mind: An Introduction to Psychology. New Delhi: Sage.
4. Feldman, R.S. (2014). Understanding Psychology. New Delhi : Tata McGraw Hill.
5. Garrett, H.E. (2005). Statistics in Psychology a