

VALUE ADDED COURSE

ART THERAPY IN EDUCATION

Art therapy is a form of self-artistic expression and it is a therapy to resolve their issues. Art Therapy is an analysis of emotions. Art Therapy helps the students and teachers to reduce their stress and improves their mental condition. The Art Therapist should handle all kinds of people. An Art Therapist helps the counselee by guiding through different art techniques.

CURRICULUM

Total Lectures: 30 Hrs
Credits :2
Maximum Marks:50
Theory paper:40
Internal assessment: 10

Course Learning Outcomes

After the successful completion of this course, learners will be able to: -

Understand the significance of Art Therapy and Empowers students to think beyond limit.

Demonstrate the techniques to deal with sensitive people and Reinforces the concept of inherent healing skill.

Develop holistic and integrated understanding of motor movement, communication, social, cognitive and emotional capacity of students.

Facilitates the joint attention and the group

elements in artistic works, Art exhibitions, social media and promotions of Art work, Goethean Phenomenological method: Goethean Science and Design

Sessional Work (Internal):

Submissions of 10 items related to Creative projects (Mandela art/ Dot painting / stone painting/ fluid art/ abstract art/ Calligraphy
Art Museum visit/Art Exhibition visit: write up and presentation in class.