PANJABUNIVERS (Estd.underthePanjabUn

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M.A. PHILOS EXAMINATIO

SCHEME OF EXAMINATION FOR THE M.A. PHILOSOPHY (SEMESTER SYSTEM) FOR THE EXAMINATION OF 2023-24, 2024-25, 2025-26

SEMESTER-I

Pape4**5**7**E4FpRe4p**

OUTLINESOFTESTS,SYLLABIANDCOURSESOFREADINGINM.A.PHILOSOPHY(SEMES TERSYSTEM)EXAMINATIONS,2023-2024

SEMESTER-I

Paper -101:

Paper-102:WESTERNPHILOSOPHY(HISTORYOFGREEKPHILOSOPHY)

Objectives:

This paper aims at acquainting the students with the oral problems of Metaphysics and Epistemology in Classical Greek and Modern European philosophy through a reading of relatedwritings included in the course. The problems of Metaphysics such as the Nature of Man, God & Cosmos, Being & Becoming, Form and Matter shall be dealt in the course. Problems of Epistemology will focus on kinds of knowledgesuchassourcesofknowledge&criterionofthevalidationofknowledge shallbeespeciallyemphasized.

Learning Outcomes:

Student's exposures to different debates on history of western philosophy would enable them to understand the ideas, concepts and theory of knowledge and how these are relevant for their intellectual growth and its deep consequences for understanding the every-day-life and human existence. It would offer them not only philosophical insights to unpack the complexity of human existence from critically nuanced perspective.

4. Concept of Soul

Unit-III

Aristotle

- 1. AristotelianTheoryofCategories
- 2. NotionofSubstance
- 3. ConceptionofCausality
- 4. TheoryofKnowledge

Unit-IV

PhilosophyintheMedievalPeriod: SynthesisofFaithandReason

- 1. IlluminationismofSt.Augustine
- 2. OntologicalArgumentofSt.Anselm
- 3. St.ThomasAquinas:ModerateRealism
- 4. St.ThomasAquinas:FiveProofsfortheExistenceofGod

EssentialReadings:

1. Aristotle : Metaphysics, Translatedby Richard Hope, (Ann. Arbor

UniversityofMichiganPress,1960).

2. Aquinas, Thomas St. : Summa Theologica, Eng. Trans. Fathers of the English Domican

Provincein3Vols.(NewYorkBenzigerPress,1947).

3. Burnet : EarlyGreekPhilosophy,London:Adam&CharlesBlack,1948.

4. Neham : SelectionfromEarlyGreekPhilosophy(NewYork Appleton,Ed.,1954).

5. Plato : TheworksofPlatoTranslationbyB.Jowett,McGraw-Hill,1966.

6. Zeller :

Paper-103: CLASSICAL INDIAN PHILOSOPHY (INDIAN METAPHYSICS)

Objectives:

Unit-II

Vedanta: Sankara and Ramanuja

- 1. Place of Brahman, Ishvara and Jiva.
- 2. Concept of Maya and Avidya: Avarana-Vikshepa
- 3. Concept of Adhyaropa Adhyasa.

Unit-III

Samkhya and Yoga

- 1. Prakrti and Purusha: Arguments for their Existence; Evolution
- 2. Satk ryav da
- 3. Yoga: Citt: V tti, A ga Yoga Methods of Abhyasa and Vairagya

Unit-IV

Buddhism, Jainism and Carvaka.

1. AryaSatya and Pratityasamutpada.

Paper-104:LOGIC(Part-I)

Objectives:

Thepaper aimsat trainingthestudentsinskillsofcriticalreasoningbyintroducinglawsofthought,criteriafor validityofarguments,deductiveandinductivereasoning.

Learning Outcome:

The candidate is expected to learn and understand the logical ways and patterns of thinking following a holistic system of logic. The student is surely made to encouraged to observation skills during the course which may lead him/her to avoid fallacious thinking.

Instructionsforthepaper-setterandcandidates:

- (i) Thequestionpaperwillbe80marksand20markswillbeforinternalassessment.
- (ii) For private candidates, who have not been assessed earlier for internal assessment, the marks securedby them in theory paper will proportionately be increased to maximum marks of the paper in lieu ofinternalassessment.

Thepapersettermustputnote(ii)inthequestionpaper.

(iii) There shall be 9questions in all. The first question shall be short answer type containing 15 shortquestions spread over the whole syllabus to be answered in about 25 to 30 words. The candidate isrequired to attempt any 10 short answer type questions i.e. 2 marks of each. It shall carry 20 marksand shall be compulsory question. Rest of the paper shall contain 4units. Each unit shall have two questions and the candidates shall be given internal choice i.e. the candidates shall attempt onequestion from each Unit –4 in all.

Unit-I

Logic, Language and Thought, Informal Fallacies, Proposition and its Classification, Square of Opposition of Propositions and its Boolean Modification.

InferenceandArgument, Validity of Argument, Types of Inference – Immediate and Mediate (Syllogism).

Unit-II

Unit-IV

- 1. Induction as a form of Reasoning, Formal grounds of Induction
- 2. Law of Causation and Law of UniformityofNature,ParadoxofInduction,Inductivegeneralization–roleoffairsamples.

EssentialReadings:

1. Cohen&Nagel : IntroductionLogic&ScientificMethod(AlliedPublishers),1970.

2. IrvingM. Copi : IntroductiontoLogic,1985.

3. IrvingM.Copi : SymbolicLogic(MacmillanCollier,NewYork),5thEdition,1985.

4. MadhucchandraSen : An Introduction to Critical Thinking, Pearson, 2010.

SuggestedReadings:

1. Russell : PrinciplesofMathematics(Allen&Unwin,London),1970.

2. JeanNecod : FoundationofGeometryandInduction(KeganPaul),1970.

SEMESTER-II

$Paper\ \hbox{-}201: PHILOSOPHICAL PSYCHOLOGY (DEBATES IN PHILOSOPHICAL PSYCHOLOGY)$

Objectives:

The aim of this paper is to acquaint the students with various perspectives on the fundamental issues which arise in our reflection on human condition. Is sue such as nature of human consciousness, self-knowledge, and freedom of action, perception, emotion and imagination will be discussed with special reference to psychoanalysis, behaviour is m, existentialist-phenomenological psychology in the western tradition and Samkhya-

Paper-202: WESTERNPHILOSOPHY(MODERNWESTERNPHILOSOPHY)

Objectives:

This paper aims at acquainting the student withproblems of Metaphysics and Epistemology inModern European philosophy through a reading of relatedwritings. This paper critically engages with problems of Metaphysics such as debates on rationalism, empiricism and critical transcendentalism. With the dawn of modernity, the relation between philosophy and its epistemological and metaphysical happens an important moment to understand the contours of philosophical reasoning from various perspective.

Learning Outcomes:

Student's exposures to different debates on history of western philosophy in the context of modernity, science and philosophical anthropology of human ideas, would enable them to understand the ideas, con569(v)-6-6-6-6-6-68326(t)-23.2051

- 2. Spinoza:
 - i. ProblemofSubstance, Attribute and Modes
 - ii. Body-mindProblem and Three Order of Knowing
- 3. Leibnitz, Wilhelm:
 - i. Substance, Monads and Pluralism.
 - ii. Proofsfor the existence of God, The doctrine of pre-established harmony.

Unit-III

Empiricism:

- 1. JohnLocke
 - i. Natureofknowledge. RefutationofInnateideas.
 - ii. Primaryandsecondaryqualities.
- 2. Geor26n189Tf (2)

Essential Readings:

The Works of George Berkeley: Edited by A.A. Loue and T.E.1. Berkeley

Jessop(London, Nelson, 1948).

Collins AHistoryofModernEuropeanPhilosophy(MilwaukeeBrucePub.,1954). 2.

Discourse on Method, Tr. by Laflear, (N.Y. Libra Arts Press,Descartes 3..

1950).

 $History\ of Modern Philosophy, Calcutta (Progressive Publication,$ Falkenberg

1963 8(r)-4.35012.5.74(3)-0.89-3.1(9)H6d24H4)0.7195 57241(6)-6.024612-4.35041by-8N3.980948(.K)-0.26009(. 9(n)6.024-4612-)0.8786.15(:S(a)65768((e)7Tm 98(e)-.980948(t)-.980948(h (1)03.92

SuggestedReadings:

The Phenomenology of Mind, Tr. by Baille (New York, Macmill 2(B)-7.69778(r)-4.35012.5.74 1. Hegel

ncatti, Any.

KhyatiPancakam, Akhyati, Viparita-khyati, Yathartha-khyati, Anyatha-khyati,

2.

Paper:204LOGIC(Part-II)

Objectives:

Thepaper aimsat trainingthestudentsinskillsofcriticalrea41(t)-11.1569(h)tic

Unit-IV

 $Mill's Methods of Experimental Inquiry-Criticism \\ of the methods of Agreement, Difference, Joint method, Method of Concomitant variation and method of Residue.$

EssentialReadings:

1.

Unit-IV

- (i) TheoriesofMeaning(Indian)
- (ii) ConditionsofKnowingtheMeaningofSentence
- (iii) TheMimamsaDefinitionofaSentence
- (iv) Akanksa, Yogyata, Sannidhi, ,Tatparyajnana

EssentialReadings:

- 1. D.Davidson, Inquiries into Truth & Interpretation, Oxford University Press, 2001.
- 2. Ed.RobertR.AmmermanClassicsof AnalyticalPhilosophy(TataMcGraw-HillPublishingCo.Ltd.Bombay-NewDelhi),1965.
- 3 G.E.Moore, Philosophical Papers (Routledge and Kegan Paul), 2010.
- 4. H.R.Parkinson, Theoryof Meaning (Oxford University Press, 1970).
- 5. J.R.Searle, Speech Acts Published by Cambridge University Press, 2/1/1969.

6.

Paper-302:ETHICS(CONCEPTSAND THEORIESIN ETHICS)

Objectives:

The main objectives of this paper are as follows:

- Enhancing students' understanding of moral beliefs and fundamental principles that can be applied to assess the rightness or wrongness of actions.
- Analyzing specific moral concepts and diverse ethical theories to provide a comprehensive exploration of the subject matter.
- Investigating the concept of Purusharthas, including Kama (desire), Artha (wealth), Dharma (duty), and Moksha (liberation), to illuminate their significance and implications.
- Investigating the notions of Rta (cosmic order), Rna (debt or obligation), and Satya (truth) and their ethical implications in various contexts.

Learning Outcome:

Upon successful completion of this course, students will:

• Exhibit a comprehensive understanding of the primary ethical issues, concepts, and principles, allowing them to effect tc96410.28 -11..891258904(u)6.024 t(e)-1.74tei ilun a-3.01205(p)-6.0.5

- 1. JosephButler's Conscience Theory—Principle of Self-love and benevolence, conscience, the supremeauthority.
- 2. ImmanuelKant's-

Moral Theory: The Categorical Imperative, Duty and Obligation, Concept of Freedom and Reason.

Unit-IV

- 1. Purusharthas: Kama, Artha, Dharma and Moksha
- 2. Niskama karma and Lokasamgraha
- 3. Svadharma (Bhagvad Gita)
- 4. Notions of Rta, Rna and Satya
- 5. Dana as a moral Category

Paper-

${\bf 303:} SOCIALAND POLITICAL PHILOSOPHY (CONCEPTS AND THEORIES IN SOCIALAND POLITICAL PHILOSOPHY)$

Objectives:

The paper aims at enabling the students to critically analyze key concepts in Social & Political philosophywith special reference to major theories in the subject. A student is expected to be familiar with problems such as the nature of political obligation, ideals of a good society, morality law and order, social changes, tradition and modernity.

An exposure to the above themes and perspectives through the writings of Plato, Aristotle, Hobbes, Locke, Rousseau, Kant, Hegel, Marx, Sartre, Rawls, Nozick, Fanon, Michel Foucault, J. Habermas, Charles Tylor, Chantal Mouffeinthe Westerntradition and Phule, Ambedkar, Mahatma Gandhi, M.N.Roy, Ram Manohar Lohia, Amartya Sen in Indian tradition.

Learning outcomes:

17. DayaKrishna : Considerationtowards the theory of social change, W.R.

Chambers, 1965.

18. DayaKrishna : SocialPhilosophy:Past&Future,PublishedbyIndianInstituteof

AdvancedStudies,Shimla,1993.

19. Fanon, Franz : The Wretchedofthe Earth, Published by Penguin, 2002.

20. Gandhi, M.K. : HindSwaraj, Publishedby Navajivan Publishing House, 2004,

Ahemdabad.

21. J.Habermas

Philosophical Disourse of Modernity: Twelve Lectures, Published by MITPre

ssHome,1990.

22. MMrXKaH 9bMe119bR0385PR0385Ri02442808P442608P4i0Mr. PRBMMS PRBMMS 0389P5(1245R0385P)448]61604cdf. Z(n)464224.

Paper-304: PHILOSOPHYOFRELIGION(PART-I)

Unit-III

Religious Experience: Numinous-Awe-inspiring, Tremendous, Fascinating Experience (Rudolph POtto).

Unit-IV

Analytical Approach to Religion: Cognitive & Non-Cognitive views about religion presented by the property of the property of

- i. Flew,B.Mitchell&R.M.Hare
- ii. J.L.Mackie
- iii. A.Plantinga
- iv. R.B.Braithwate

v.

Paper-305: AESTHETICS:INDIAN&WESTERN(PART-I)

Objectives:

The aim of the paper is to familiarize students with the basic concepts, philosophy, issues and concerns of art. Aesthetics as a discipline of philosophy intends to explore the Indian and the Western interpretations of the fundamental problems relating to Nature of Art.

Learning Outcomes:

The candidates are expected to know and be grounded in the fundamental concepts and doctrines of Art and Aesthetics and be empowered by developing an understanding with regard to the significance of emotive world in a logical and philosophical manner

InstructionsforthePaper-SetterandCandidates:

- (i) Thetheoryquestionpaperwillbe 80marksand20markswillbeforinternalassessment.
- (ii) For private candidates, who have not been assessed earlier for internal assessment, the marks securedby them in theory paper will proportionately be increased to maximum marks of the paper in lieu ofinternalassessment.

Thepapersettermustputnote(ii)inthequestionpaper.

(iii) There shall be 9 questions in all. The first question shall be short answer type containing 15 shortquestions spreadoverthewholesyllabustobeansweredinabout25to30words. The candidate is required to attempt any 10 short answer type questions i.e. 2 marks of each. I

Unit-IV

Nature and Interpretation of Aesthetic Experience as

- 1. Pleasure
- 2. Empathy
- 3. Experience
- 4. Emotion

EssentialReadings:

1. AnandaCoomaraswamy : TheTransformationofNatureinArt,DoverPublishers,New York,

1934.

2. FriedrichSchiller : OntheAestheticEducationofMan(Routledge&KeganPaul,

London1954.

3. IngramBywateTr. : AristotleontheArtofPoetry,Oxford:ClarendonPress(USA),

1920.

4. ManmohanGhoshTrs : TheNatyasastraofBharataMuni,Chs.I,VI&VII.Asiatic

Society, Calcutta, 1950.

5. Meredith : TheCritiqueofJudgementbyImmanuelKantTr.,J.C]TJ 319.32 0 5.

Paper-306: PHILOSOPHYOFHISTORYANDCULTURE(PHILOSOPHYOFHISTORY)

Objectives:

The paper aims at an understanding of the concept of time, history, historical processes and narratives for interpreting and explaining the same.Role of lan

Unit-IV

- 1. Toynbee
- 2. Aurobindo
- 3. Tagore

EssentialReadings:

1. A.J.Toynbee : CivilizationonTrial,Oxford UniversityPress,1948.

2. E.H.Carr : WhatisHistory?PenguinBooksEd.1990.

Paper-307: PHILOSOPHYOFSCIENCE

Objectives:

The aim of the paper is to introduces and understand philosophy of science in a balanced way and to la

Paper-308: Applied Philosophical Counselling and Therapy (Diagnosis)

Objectives:

SEMESTER-IV

Paper 401: TWENTIETHCENTURYWESTERNPHILOSOPHY(EXISTENTIALISM,PHENOMENOLOG Y&HERMENEUTICS)

Objectives:

The objectives of this course are first, to facilitate students' comprehension of the fundamental issues related to Existentialism and phenomenology, including intentionality, language and meaning, phenomenological reductionism, temporality, subjectivity, the transcendental, authenticity, and the body-subject. Second to Encourage students to explore primary texts and scholarly works in Existentialism and phenomenology, facilitating the development of independent research skills and the ability to evaluate and synthesize relevant academic sources. Third, to foster an appreciation for the existential dimensions of human existence and subjective experiences, helping students to cultivate self-reflection and a deeper understanding of the human condition.

Learning out comes

Unit-II

 $(i) \qquad M. Ponty's Critique of Husserl's Eidetic reduction \ and \ Critique of Empiric is mand Rational is many the property of the property o$

(ii)

EssentialReadings:

PhenomenologyofPerception(Routledge and Kegan Paul, London),1962 M.MerleauPonty 1.

Paper-402:ETHICS(APPLIEDMORALPHILOSOPHY)

Objectives:

The objective of this paper is to make students understand moral beliefs and fundamental principles whichmaybeputintopracticestojudgerightness orwrongness ofactions. Therefore, the paper will be concerned with the analysis of certain moral concepts and various ethical theories. studentare expected to be familiar with such problems like role of reason in ethics, truth in ethics, authenticity, freedom and responsibility, moral agent, Purus arthas and self-realization.

Learning Outcomes:

After successfully completing this paper, students will develop a comprehensive understanding of moral beliefs and fundamental principles that can be applied to assess the rightness or wrongness of actions, enabling them to make informed ethical judgments. Students will acquire familiarity with the analysis of specific moral concepts and various ethical theories, allowing them to critically evaluate and apply these theories in ethical dis

Unit-III

- 1. Attfield, R. The Ethics of Environmental Concern, Oxford, U.K., Basil Blackwell, 1983.
- 2. Callicott, J.B. In Defense of the Land Ethic: Essays in Environmental Philosophy. Albany, NY, State University of New York Press, 1989.
- 3. Ethics: An Anthology. (Eds.) Andrew Light and Holmes Rolston III. USA: Blackwell Publishing Ltd, 2009.
- 4. Naess, A. Theshallowandthedeep, long-rangeecologymovement: asummary. Inquiry, Vol. 16, pp. 95–99, 1973.
- 5. Passmore, J. Man's Responsibility for Nature. London, Duckworth, 1974.
- 6. Pojman.L.P.GlobalEnvironmentalEthics, MountainView, Calif., MayfieldPublishingCompany, 2000.
- 7. Rights, Restitution and Risk: Essays in Moral Theory (ed.) William Parent, Harvard Univ. Press, 1986.
- 8. Rolston, H. Isthereanecological ethic? Ethics, Vol. 85, pp. 93–109, 1975.
- 9. Taylor, P. Respectfor Nature: A Theory of Environmental Ethics. Princeton, NJ, Princeton University Press, 1986.
- 10. Velassery, Sebastian, 2005. Casteismand Human Rights: Tow

Paper -404: PHILOSOPHYOFRELIGION(PART-II)

Objectives:

The paper aims at enabling thestudents to understand various issues concerning faith, Revelation and problem of evil. In this paper students develop in depth understanding about various paths (sadhana) of salvation. Further, students get familiar with existential approach to study religious experience. They also learn analytical approach to study religious language.

Learning Outcome:

After successful completion of this course, student will be able:

To analyze the main issues and problems concerning faith, revelation and problem of evil.

To comprehend existential approach to study religious experience, Subjectivity and Transcendence.

To learn analytical approach to study religious language.

InstructionsforthePaper-SetterandCandidates:

- (i) Thetheoryquestionpaperwillbe 80marksand 20markswillbe for internalassessment.
- (ii) Forprivate candidates, who have not been assessed earlier for internal assessment, the marks secured by them in theory paper will proportionately be increased to maximum marks of the paper in lieu of internal assessment.

The paper setter must put note (ii) in the question paper.

(iii) There shall be 9 questions in all. The first question shall be short answer type containing 15 shortquestions spreadoverthewholesyllabustobeansweredinabout25to30words. The candidate is required to attempt any 10 short answer type questions i.e. 2 marks of each. It shallcarry 20 marks and shall be **Compulsory** question. Rest of the paper shall contain 4 units. Each unitshall have two questions and the candidates shall be given internal choice i.e. the candidates shall attemptone question from each Unit—4 in all.

Unit-I

SalientfeaturesofChristianity&Islam

Unit-II

TheoriesofFaithandRevelation; Pascal, James & Tillich's views on faith, propositional and non-propositional views on revelation, Problem of Evil and different theodicies as solution to the problem (Augustine, Iraneus, David Friffin), Sadhana – Mukti & Bhakti (Four types of Yoga – Jnana, Karma Raj & Bhakti).

Unit-III

Existential approach to Religion: Critique of the Proofs of God's existence and institutionalized religion, Nature of Religious Experience, Subjectivity and Transcendence, Reason and Faith (Kierkegaard and Jaspers).

Unit-IV

Analytical Approachto Religion: Cognitive and Non-Cognitive views about religion presented by:

- (i) I.M.Crombie
- (ii) D.Z.Phillips
- (iii) T.Penelhum
- (iv) R.W.Hepburn

(v) JohnHick

EssentialReadings:

1. BasilMitchell : PhilosophyofReligion(OxfordUniversityPress,Oxford),1971.

 $2. \hspace{0.5cm} Be this Joseph Dabney \hspace{0.5cm} : \hspace{0.5cm} Phenomenology of Religion, N.Y. and London: Harper and Row$

Publishers, 1969.

3. KarlJaspers : ThePerennialScopeofPhilosophy(RoutledgeandKeganPaul,

London), 1950.

4. SerenKierkegaard : ConcludingUnscientificPostscript(PrincetonUniversityPress),

1992.

5. S.G.Champion : The Eleven Religions (George Allen & Sons Pvt. Ltd.,

London),1947.

6. WilliamJames : The Varieties of Religious Experience: N.Y., New American

Library,1958.

SuggestedReadings:

Paper-405:AESTHETICS:INDIAN&WESTERN(PART-II)

Objectives:

The aim of the paper is to familiarise students with the basic concepts, philosophy, issues and concerns ofart. Aesthetics as a discipline of philosophy intends to explore the Indian and the Western interpretations ofthefundamentalproblemsrelatingto NatureofArt.

Learning Outcomes:

The candidate is expected to understand the differe

Unit-III

- 1. IIIParichedaofSahityaDarpan
 - (1) Rasa-svarupa
 - (2) ConceptofVibhava, Anubhava, Vyabhicharibhava and Sthayibhava
- 2. Concept of Pratibha:
 - (1) Karyitri[Sehaja(Saraswata, Abhyasika), Aharya, Aupdeshaki]
 - (2) Bhavayitri

Unit-IV

- 1. ConceptofCreativity
- 2. TheRoleofAestheticEducationinHumanExistence
- 3. NatureofAestheticjudgement

EssentialReadings:

1. AnandaCoomaraswamy : TheTransformationofNatureinArt,DoverPublishers,New York,

1934.

2. FriedrichSchiller OntheAestheticEducationofMan(Routledge&KeganPaul,

London),1954.

3. IngramBywateTr. : AristotleontheArtofPoetry,Oxford:ClarendonPress(USA),

1920.

4. ManmohanGhoshTrs : TheNatyasastraofBharataMuni,Ch. 72:818e8:8:38252fty7-4uh#5915Q)4e350424b

Paper-406: PHILOSOPHYOFHISTORY&CULTURE(PHILOSOPHYOFCULTURE ORMODERNINDIANTHOUGHT)

Objectives:

The objective in introducing the paper on Philosophy of Culture is to acquaint the student to one of the most challenging are as of philosophical thought. The paper deals with the analyses of the key concepts in the theory of

culture, while the Sociologist, Anthropologist and Historian formulate Theories of Culture, the Philosopher examines the very an armonic of the Country of

basis on which these theories stand. The problems that present themselves are varied and many ranging from an analysis of such general concepts a sculture, so ciety, religion, value, artetc. to the semantics of keywords which occur in the articulation of these concepts.

Learning Outcomes:

Students grasp the basis of theories of culture, religion and value. Key concepts of value and art in grasping culture

InstructionsforthePaper-SetterandCandidates:

- (i) Thetheoryquestionpaperwillbe 80marksand 20markswillbe for internalassessment.
- (ii) For private candidates, who have not been assessed earlier for internal assessment, the marks securedby them in theory paper will proportionately be increased to maximum marks of the paper in lieu ofinternalassessment.

The paper setter must put note (ii) in the question paper.

(iii) There shall be 9 questions in all. The first question shall be short answer type containing 15 shortquestions spreadoverthewholesyllabustobeansweredinabout25to30words. The candidate is required to attempt any 10 short answer type questions i.e. 2 marks of each. It shallcarry 20 marks and shall be **Compulsory** question. Rest of the paper shall contain 4 units. Each unit shall have two questions and the candidates shall be given internal choice i.e. the candidates shall attemptonequestion from each unit-4 in all.

Unit-I

- 1. OriginandMeaningofCulture
- 2. Culture, Civilization & Individual

Unit-II

EssentialReadings:

Essential readings:

Kabat-Zinn, Jon. Full Catastrophe Living. NY: Dell Publishing

.Kapleau, Phillip. The Three Pillars of Zen: Teaching, Practice and Enlightenment.

Hart, William. The Art of Living: Vipassana Meditation: As Taught by S. N. Goenka. HarperOne.

Sarah Shaw, Buddhist meditation: an anthology of texts from the P li canon. Routledge, 2006

The Consolations of Philosophy -Bottom, Alain De.

Counselling and Psychotherapy with Religious persons- Stevan. L. Nielson

Man's Search for Meaning- Victor Frankl

Philosophy as a way of Life- Hadot, Pierre.

Thinking Philosophically- Richard Creel

Philosophical Practice.: An Alternative to Counselling and Psychology - Schuster, S.

Philosophical Counselling- Raabe, Peter(2001)
