

**PANJAB UNIVERSITY CHANDIGARH**

OUTLINE OF TESTS, SYLLABI AND COURSE OF READING FOR CERTIFICATE COURSE IN **ELEMENTARY SANSKRIT AND THE BHAGAVADAGITA** (SIX MONTHS, REGULAR MODE) FOR THE EXAMINATION OF 2024-25.

- To provide the elementary knowledge of Sanskrit language to the students.
- To understand fundamental approach of Yoga in Bhagavad-Gita.
- To promote an understanding of the nature of Yoga as mentioned in Bhagavad-Gita.
- To impart practical skills to the students enabling them to imbibe Yoga system to improve their own health, happiness and awareness.

SCHEME OF STUDIES:

Theory papers / subjects				
Sr. No	Paper Code	Subject	Total Marks	Credits
1	101	Bas		

## Course of Study (Syllabus)

Theory Paper

Paper Code: SYG- 101

**Subject: Basic Knowledge of Yoga in Bhagavad-Gita**

Objectives:

1. To enable the students to know about the nature of the Sanskrit language and how it is fundamental to understand the ancient Indian culture.
2. To enable the students to know about the traditional basic nature of Yoga.
3. To provide detailed knowledge about the types and basic concepts of Yoga in Bhagavad-Gita.
4. To enable the students to have hands on experience in making assignment record file carrying 20 marks.

**Instructions for the Paper Setters:**

- Eleven questions in all shall be set. (Maximum Marks: 60+20= 80)
- TEN questions shall be set selecting at least two questions from each unit from I to V and the nature of the answers should be essay type.
- The students shall be required to attempt at least ONE question from each unit from I to V. Each question shall carry 12 marks.(5x12=60 maximum marks for FIVE questions)
- Eleventh question shall be compulsory. It shall have FIVE brief questions, for 04 marks each, selecting one each from each unit and the answers should be limited to the maximum word limit of 75 words each. (5x4=20 maximum marks for short answered questions)
- Below 40% score shall be considered not qualified.

Time Allowed for Theory Examination	External Theory Paper Marks	Internal Assessment Marks based on assignment file work.	Total Marks for this subject
03 Hours	80	20	100

Contents of the subject:

**Unit-I**

**1. Elementary knowledge to Sanskrit Language:**

1. History of Sanskrit Language and Literature: Contribution of Sanskrit language to Indian Culture and Philosophical Tradition
2. Panini's contribution towards Sanskrit Language and fundamental introduction of Ramayana and Mahabharata

## Unit-II

1. Vibhaktis and Karaksas: Prathama, dvitiya, tridiya, chaturthi, panchami, shashthi, samptmi. Five Lakaras– Lat, Lrit, Lang, Lote, and Vidhilinglaktaras.
2. Deergh, Vriddhi, Guna, Yan, Pararup.
3. Samasa: Tatpurusha, Avyavidhava, Karmadharya, Dvandva, Dvigu and Bahuvrihi.

## Unit - III

1. Fundamental teaching and message of SrimadBhagvadgita: Krishna Arjuna Samvada.
2. Objectives of life according to Bhagvadgita: Svadharma, Yajna, Lokasamgraha
3. Concept of Sthitprajna, Anasakti, YogahKarmasuKaushalam in Bhagvadgita

## Unit - IV

1. Significance of Karma Yoga according to Bhagavad-Gita in contemporary times
2. Significance of Bhakti-Yoga according to Bhagavad-Gita in contemporary times
3. Significance of Jnana Yoga according to Bhagavad-Gita in contemporary times

Internal Assessment:

Based on Class performance, Assignment Work file and a Chart: (Maximum 20 Marks)

- The students shall be required to maintain an assignment work file that shall be presented to the subject teacher before the final examination.
- Contents for practical record file will be decided by the subject teacher to the student.
- Contents should be based on subject topics.
- Only One topic should be covered in this assignment work file.
- The maximum pages should not exceed 15 for this file work.

REFERENk fr -1(. 4.3B02516974(mO)-0.891-3.O)-0.891-3.KE2512( )J.1567J /R17 12 Tf -18 -24 gus maxsagect( J)-11he sta isus



Practical Paper

Paper Code: SYG-102

**Subject: Yoga Practices:**

Time duration of examination: 3 hours.

Maximum Marks: 100

Time Allowed for Theory Examination	Practical Paper Marks	Credits	Total Marks for this subject	File work +Viva-Voce
03 Hours	100	4	100	20+80

**Objectives:**

- To enable the students, learn the pronunciation of Sanskrit language
  - To enable the students be fluent in correct Sanskrit pronunciation
  - To enable the students, understand the philosophical implications of the content of Bhagavad-Gita
  - To enable the students to recite the verses and interpret the message embedded in Bhagavad-Gita
- Course Content for File Work(20 marks)-Any one topic to be selected by the student either from the field of Sanskrit Language or from Bhagavad-Gita
- Course Content for Viva(80 marks)-
- 1.Chanting of at least 10 verses from different chapters (8 marks)
  - 2.Explanation of at least 10 verses from different chapters(8marks)